

## Primrose Hill Primary School

Princess Road, Regent's Park, London NW1 8JL

Tel: 020 7722 8500

admin@primrosehill.camden.sch.uk

www.primrosehill.camden.sch.uk



6<sup>th</sup> June 2017

Dear Parents and Carers,

### **HEALTH RELATED BEHAVIOUR SURVEY for YEAR 5 and YEAR 6**

Our school is one of 30 primary schools in Camden that is participating in a very important Health Behaviour Questionnaire that Camden Council is conducting. It is also taking place in Islington primary schools. A similar questionnaire was completed by 820 Year 6 pupils in Camden in 2015.

It is an anonymous questionnaire open to Year 5 and Year 6 pupils that covers key health and wellbeing topics, in an age appropriate way

- School and lessons about health and wellbeing
- Emotions and how children feel
- Bullying and feeling safe
- Getting rest and oral health
- Learning about growing up
- Physical activity and diet
- Smoking, alcohol and drugs
- Internet use and keeping safe

The questionnaire has been developed with Islington and the Schools Health Education Unit in Exeter which has been providing questionnaires to schools for more than 30 years.

We will benefit substantially through our participation. The results will help us improve children's health and wellbeing and in particular plan what we teach in PSHE, what kinds of physical activity we provide and how we promote healthy eating and healthy lifestyles and wellbeing generally.

The data will also help the Camden Council better understand the health needs of children to help improve services and support to schools, children and families.

Each questionnaire is both anonymous and confidential, and no pupil will be identified either when the data is collected or when the report is sent to your school. Camden Council will receive a copy of our school's individual report for strategic monitoring and planning purposes. As part of the questionnaire it will be helpful if your son/daughter knows the first 4 digits of their postcode which is used for drawing maps of the results within a large geographical area without identifying streets or houses.

I hope you will agree with us that this is an excellent opportunity that will benefit our pupils and would wish us to participate. However if you do not wish your child to participate, please let *the office* know. I will assume you have no objections unless I hear otherwise.

We are planning to do the questionnaire next week.

We have a copy of the questionnaire in the school office, available for parents/carers to see.

Your sincerely

Amanda Aplicano

Leader of Learning For Social/Emotional and Mental Health Needs