### Week 1

**Main**
- Monday: Sausages with Mash & Gravy
- Tuesday: Cottage Pie with Gravy
- Wednesday: Roast Chicken Drumsticks with Roast Potatoes and Gravy
- Thursday: Chicken Tikka with Rice
- Friday: MSC Fish finger or MSC Salmon Fishcake with Chips

**Vegetarian**
- Monday: Quorn Sausages & Mash with Gravy
- Tuesday: Broccoli Pasta Bake
- Wednesday: Quorn Roast with Roast Potatoes and Gravy
- Thursday: Quorn and Vegetable Curry
- Friday: Vegetable Fajitas with Chips

**Dessert**
- Monday: Wholemeal Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter
- Tuesday: Carrots Green Beans
- Wednesday: Savoy Cabbage Swede
- Thursday: Sweet corn Peppers
- Friday: Baked Beans Garden Peas

**Dessert**
- Monday: Apple & Raisin Flapjack
- Tuesday: Rice Pudding with Berry Sauce Yoghurt Fresh Fruit Salad
- Wednesday: Dutch Apple Pie & Custard Yoghurt Fresh Fruit Salad
- Thursday: Duck Apple Pie & Custard Yoghurt Fresh Fruit Chunks
- Friday: Yoghurt Fresh Fruit Chunks

### Week 2

**Main**
- Monday: Chicken Neapolitan Wholemeal Pasta
- Tuesday: Beef Burger with Jacket Wedges
- Wednesday: Roast Turkey with Roast Potatoes and Gravy
- Thursday: Spaghetti Beef Bolognese
- Friday: MSC Fish Fingers with Chips

**Vegetarian**
- Monday: Vegetable Pasta Medley
- Tuesday: Vegetarian Burger with Jacket Wedges
- Wednesday: Lentil & Basil Puff Pastry with Roast Potato Carrots Courgettes
- Thursday: Vegetarian Spaghetti Bolognese
- Friday: Cheese & Tomato Pizza with Chips Baked Beans Garden Peas

**Dessert**
- Monday: Pear Sponge with Custard Yoghurt Fresh Fruit Chunks
- Tuesday: Orange Bread & Butter Pudding with Custard Yoghurt Yoghurt Fresh Fruit Salad
- Wednesday: Vanilla Shortbread with Yoghurt Yoghurt Fresh Fruit Salad
- Thursday: Apple & Raisin Strudel with Custard Yoghurt Yoghurt Fresh Fruit Salad
- Friday: Yoghurt Fresh Fruit Chunks

### Week 3

**Main**
- Monday: Minced Beef and Onion Pie with Mash Potatoes
- Tuesday: BBQ Chicken Pizza with Jacket Wedges
- Wednesday: Roast Chicken & Stuffing with Roast Potatoes and Gravy
- Thursday: Beef Lasagne
- Friday: Jumbo Fish Fingers with Chips

**Vegetarian**
- Monday: Macaroni Cheese
- Tuesday: Cheese & Tomato Pizza with Jacket Wedges
- Wednesday: Vegetable Wellington with Roast Potatoes and Gravy
- Thursday: Cheese & Tomato Quiche with Chips Lentil & Basil Puff Pastry Turnover with chips
- Friday: Garden Peas Baked Beans Garden Peas

**Dessert**
- Monday: Wholemeal Banana Loaf Yoghurt Fresh Fruit Platter
- Tuesday: Lemon & Cucumber Cake/ Yoghurt Fresh Fruit Salad
- Wednesday: Savoy Cabbage Sweetcorn
- Thursday: Broccoli Carrots
- Friday: Yoghurt Fresh Fruit Platter
Each day Caterlink provide a balanced menu choice for children at your school.

They have the choice from the following each day

Main course which is either a vegetarian, meat/fish or jacket potato option
  With
  Carbohydrate such as potato, rice or pasta
  And
  Two vegetables which they can have as much as they like

In addition they also have available
  Free flowing salad bar, and homemade bread which is a self serve area
  Dessert is as advertised or fresh fruit or yogurt