

# Primrose Hill Home Learning Community KS1 & 2



Day 4



## 9.00am Register

Log in to Google classroom and greet your teacher and peers and our school community with a greeting (can you say good morning in another language?). The whole school music session this morning is [Which is your favourite instrument?](#) Follow the link and let us know.

9:10am

### READING

Start from where you got to yesterday in your reading activity from your yellow folder. Take your time and work carefully through the questions.

9:45am

### ENGLISH

Writing a letter to the class using conjunctions – see Google Classroom for details. You can also ask the staff on Google Classroom for advice or support.

10:45am

### PHYSICAL EXERCISE

Visit [Can't Stop the Feeling Dance Tutorial](#) to learn a 5 minute dance and a positive song. If you have your own preferred physical activity, enjoy that too.

10:45am

FREE PLAY. Choose how you would like to occupy yourself for the next 25 minutes.



11am

### MATHS

Shape games – see Google Classroom for details. You can also ask the staff on Google Classroom for advice or support.

12:00pm



Post your favourite learning from this morning on Google Classroom by midday.



12:00 – 1:30pm

### LUNCHTIME AND FREE PLAY

Make sure that you get some more exercise [here](#) (but do this before you eat or wait to digest).

1:30pm

Staff check in online

### TOPIC / CHOSEN PROJECT

Today: Making a superhero outfit

3.00pm

## Wellbeing exercise

Muscle relaxation. Put some peaceful music on and lie down. Starting at the feet, gently squeeze the muscles in your feet by tightening the muscles, then slowly release. Next the calves, then thighs etc. Continue moving up the body for more relaxation. How did it feel? What did you notice?