

COVID-19 ABSENCE

A quick guide for parents / carers

| What to do if... | Action needed | Back to school... |
|--|---|--|
| ...my child has COVID-19 (coronavirus) symptoms* | <ul style="list-style-type: none">• Child shouldn't attend school• Child should get a test• Whole household self-isolates while waiting for test result• Inform school immediately about test result | ... When child's test comes back negative |
| ... my child tests positive for COVID-19 (coronavirus) | <ul style="list-style-type: none">• Child shouldn't attend school• Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)• Inform school immediately about test results• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 14 days | ...when child feels better, and has been without a fever for at least 48 hours They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks after the infection is gone. |
| ...somebody in my household has COVID-19 (coronavirus) symptoms* | <ul style="list-style-type: none">• Child shouldn't attend school• Household member with symptoms should get a test• Whole household self-isolates while waiting for test result• Inform school immediately about test results | ... when household member test is negative, and child does not have COVID-19 symptoms* |
| ... somebody in my household has tested positive for COVID-19 (coronavirus) | <ul style="list-style-type: none">• Child shouldn't attend school• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 14 days | ... when child has completed 14 days of self-isolation, even if they test negative during the 14 days |

*symptoms includes at least one of the following: a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)



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| <p>...NHS Test and Trace or your school/nursery has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p> | <ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace, or your school / nursery) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too | <p>... when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p> |
| <p>...we/my child has travelled and has to self-isolate as part of a period of quarantine</p> | <ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and Foreign and Commonwealth Office advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days – even if they test negative during those 14 days | <p>.. when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p> |
| <p>... we have received advice from a medical / official source that my child must resume shielding</p> | <ul style="list-style-type: none"> • Child shouldn't attend school • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again | <p>... when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p> |
| <p>... I am not sure who should get a test for COVID-19 (coronavirus)</p> | <ul style="list-style-type: none"> • Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive | <p>.. when conditions above (that match your situation) are met</p> |

For further information and support to self-isolate:
camden.gov.uk/coronavirus 020 7974 4444 (option 9)

