

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates

STAY AT HOME TO SAVE LIVES AND PROTECT OUR NHS



NATIONAL LOCKDOWN RESTRICTIONS

With cases of coronavirus still so high in London, please stay at home unless you're leaving the house for an essential reason and follow other lockdown restrictions. It's also vital to follow public health advice to prevent yourself catching the virus or passing it on:



If leaving your home, act like you have COVID-19, and treat others like they have it too



Wear a face covering in indoor and busy outdoor public spaces, unless you're exempt



Wash your hands regularly and thoroughly



Keep 2 metres apart from people you don't live with

For more information on lockdown restrictions, visit gov.uk/coronavirus

Got symptoms?



New, persistent cough



High temperature



Loss of, or change to, sense of smell or taste

Self-isolate and get a free test by calling **119** or via nhs.uk/coronavirus

If you need help booking a test, call Camden Council on **020 7974 4444 (option 9)**, who can help you access support at the same time.

Symptom-free testing for workers

Camden Council is offering free rapid COVID-19 tests to people who do not have symptoms and must leave the house for work. Tests will be available for people who live or work in the borough and:

- Cannot work from home and therefore have to leave their house to travel to work
- Cannot access any form of COVID-19 testing from their employer.

Tests have a 45-minute turnaround time and aim to identify people who do not have symptoms of COVID-19 but may be infectious so could still pass it onto someone else.

Find out more and book a test online at camden.gov.uk/rapidtest



Our fantastic NHS is working hard to deliver the COVID-19 vaccine to those most at risk from the virus. Thousands of people across Camden have had it already – a figure that is rising daily.

The vaccine is safe, effective and free to everyone. It gives the best protection against COVID-19 and has been through rigorous testing. When you're eligible for the vaccine, the NHS will contact you directly. It's important to note that while the vaccine gives hope that we can start to get this deadly virus under control, we must also continue to follow public health advice and lockdown restrictions. Case rates in Camden and London are still dangerously high. So please continue to stay home – and if you do need to leave for essential reasons, keep a safe distance from others, wear a face covering and make sure you wash your hands frequently.

It takes a whole community effort to have an impact, and I urge each of you to play your part to keep yourself and others safe.

Councillor Georgia Gould, Leader of Camden Council

COVID-19 vaccine



The COVID-19 vaccine will help to reduce the number of people catching, and dying from, COVID-19. It will also help to protect those around us.

Care home patients and staff, health and care professionals, people over the age of 70 and those who are clinically extremely vulnerable will all have been offered the vaccination by mid-February. They've been prioritised because they are at greatest risk from the virus.

When you're eligible for the vaccine, the NHS will be in touch, so please wait for them to contact you. When it's your turn, you can choose to have it at a local vaccination centre – in Camden or a neighbouring borough – or at one of four GP surgeries in the borough. Please rest assured that whether you go to a local GP surgery or a vaccination centre, it will be a COVID-secure environment, which means extra precautions are in place to keep you safe.

In the meantime, please make sure that you're registered with a GP practice so the NHS can contact you when it's your turn. Find out how to register at nhs.uk For more information on the vaccine, visit nhs.uk/coronavirusvaccine



"I had the COVID-19 vaccine to protect myself, my family and my patients. From reviewing the research and trial data, I honestly feel it is a safe and effective vaccine and I didn't experience any side effects – except for a dull ache in my arm for a few days. I've experienced first-hand the

devastating effects of COVID-19 on my patients – particularly those that are elderly, frail or have underlying health conditions – so I really hope my patients get the vaccine."

Dr Vikram Dave, GP, Holborn Medical Centre