Primrose Hill Primary School

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Friday 11th June 2021

Dear Parents & Carers.

Welcome Back! I do hope you had a restful and enjoyable half term break. The weather has most certainly taken a change for the better! I hope it continues like this for some time to come! However with that comes the inevitable need to be 'sun smart'. We want the children to be outside as much as possible but that means ensuring they have water bottles, covered shoulders, sunscreen and a hat.

In addition we still have our the Covid restrictions that existed prior to half term in place. Given the increase in cases linked to the Delta variant and the key date of June 21 looking more and more uncertain, this is all the more important to adhere to, despite the temptation not to do so. The apparent link between infection and hospitalisation may seem to be broken, but we would still need to close bubbles, should a case occur in school. With the level of disruption over the last calendar year, I am sure you will agree, that is the last thing we want to see happen.

This means the following restrictions remain in place until we notify you otherwise:

- There is no requirement for parents and carers coming on to the school site picking up and dropping off to wear a mask OUTDOORS. However, we require all adults to MAINTAIN THE 2M SOCIAL DISTANCING
- The queuing system for entry into school at pick up time remains. This is to enable us to maintain the social distancing as far as possible on site at our busiest time of the school day
- Mask wearing for all adults inside the building remains compulsory unless there is a medical exemption as per the workplace guidance which is still in effect. This includes any parents entering the premises for any reason
- We will maintain the bubbles that currently exist in the school to allow access to additional adults across classes. These are phase specific. The bubbles in school are: EYFS (all Tadpoles, Froglets and Ladybirds), Years 1 & 2, Years 3 & 4. We will keep Year 5 and 6 separate as well as maintaining all lunchtimes as they currently are
- Year 2 6 classrooms will also remain in row formation

These restrictions will be kept under constant review and in line with government guidance should that change.

Reminders of Reporting COVID

It is essential that you inform us about any positive Covid cases or even Covid symptoms of anyone in your household. Please call the school on: 0207 722 8500 or email <u>admin@primrosehill.camden.sch.uk</u> to report any COVID absence or positive tests.

- IF ANYONE IN YOUR HOUSEHOLD DEVELOPS ANY OF THE 3 SYMPTOMS, YOUR WHOLE HOUSEHOLD HAS TO ISOLATE. You need to arrange testing immediately please call the school if you have any problems with arranging a test.
- a high temperature this means you or your_child feels hot to touch on their chest or back (you do not need to measure their temperature, but if your child's temperature is over 38 degrees, this qualifies as a high temperature IN ADDITION to them feeling hot to touch on their chest or back)

Please always call 111 or your GP for further guidelines around temperatures, as they will be able to advise you if you should be tested. If they tell you that you have to be tested, then you need to call 119 to arrange this.

- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you or your child usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you or your child cannot smell or taste anything, or things smell or taste different to normal
- IF SOMEONE TESTS POSITIVE ALL MEMBERS of your household AND anyone the positive case has had close contact with MUST isolate for 10 days from last contact- this may include your support / childcare bubble
- If you have had to have someone in your household tested, please email evidence of your tests results-both positive and negative. Your child/ren will not be able to return to school until evidence of a negative test has been obtained and received.

Help and Support

The school community are here to help and support each other, as many of us will feel anxious and worried at the moment. Try to be kind to yourself, keep active, sleep well and stay in touch with loved ones, look out for our virtual coffee mornings, and email us directly if you need advice or support. If you would like to talk to someone about how you're feeling, you can also access mental health support services here:

- Speak to your GP, visit <u>icope.nhs.uk</u> or phone O2O 3317 6670 to find out about free, confidential support
- Kooth offers confidential online support for young people aged 11 to 18 at <u>kooth.com</u> More information about support for young people is available at <u>camdenrise.co.uk/emotional-wellbeing</u>
- Whatever you're going through, Samaritans are there to listen phone 116 123
- If you or someone you know is experiencing a mental health crisis, phone the 24-hour crisis line on 020 3317 6333

Visit <u>camden.gov.uk/mental-health</u> to find out about more support available, including advice in other languages.

However - we are much less restricted than before and as such are hoping some normal summer events can take place! These include:

Class/Year group trips - several year groups are planning local visits (Covid secure) to parks or other locations nearby as part of their curriculum - details to follow

Sports Day

Y6 days out and graduation

The list is not exhaustive - our aim is to have as many events as are practical over the next few weeks. This is something we know the children have missed out on hugely so want to do as much as we can!

I will continue to record videos and messages for our school community over the coming weeks - please remember to email me if you need anything, I am here to help and support each one of you.

Just a reminder - Our last day of term is Thursday 22nd July 2021.

Kind regards,

Phil Allman & SLT

Head Teacher & Senior Leadership Team

ACHIEVEMENT AWARDS FOR THIS WEEK







