

# Halal food in Camden's schools



## What is Halal food?

Halal means permitted, allowed, lawful or legal according to the Islamic dietary laws. Halal food means food and drinks which Muslims are allowed to have. Halal food includes:

- Milk (from cows, sheep, camels and goats).
- Honey.
- Fish.
- Plants, which are not harmful to people.
- Fresh or naturally frozen vegetables.
- Fresh or dried fruits.
- Nuts such as peanuts, walnuts or cashew nuts.
- Grains such as wheat, rice, rye, barley and oats.



Meat from animals such as cows, sheep, chickens, turkeys and ducks is also Halal. But it has to be slaughtered and processed in accordance with Islamic dietary law.

Although nuts and dried fruit are Halal, nuts will not be served in Camden schools because of our nut allergy policy.

## What can Camden schools offer?

The Council can provide a high quality school meal service by using either non-Halal meat or Halal meat. The Halal service is offered in those schools where the Governors have agreed to it, after consulting with parents.

Whilst meeting the specific needs of Muslim pupils, dishes cooked with Halal meat would also be suitable for most non-Muslim children to eat. In addition to whichever option the Governing Body and the school community chooses, there is also a very good selection of vegetarian dishes available on a daily

basis alongside the meat options. Choices for both the Halal and non-Halal options would include stews, homemade burgers and many European, Asian or Middle Eastern dishes. At the back of this leaflet is a typical menu currently available in Camden schools for both options.

## How will food be prepared?

For the halal meals service, we will make sure that:

- 1 Halal dishes are prepared and served according to Islamic rules.
- 2 Our contractors are required to conform to those rules.
- 3 Fat and oils are from vegetable sources only.
- 4 All additives, preservatives, gelatine or gelling agents and colouring are Halal approved.
- 5 Red meat and poultry have been slaughtered as Islamic law says.
- 6 Our contractors buy meat from approved Halal suppliers



All food used to prepare halal meals will be certified to Halal Food Authority standards and will follow the requirements of the Food Standards Authority.

## What will happen in the future?



Camden will continue discussing the Halal meals service with representatives from the Muslim community in Camden, schools and our contractors to make sure that this policy is working. We want to shape our services based on the needs of all our communities in Camden.

There are tasting sessions held in many of our schools. If you would like to know more about these or have any further questions about Halal food, please contact your school. You can see a copy of the Policy and Guidance Statement on Halal Provision within School Meals in Camden, by contacting Property and Contracts Service at the address below.

**Primary School Cycle 3 Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Baked lamb sausages in gravy with roasted potato	Lamb lasagne with new potatoes	Chicken curry with basmati rice	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Battered Hake with Chips
Vegetarian Option	Tan style vegetables with Quorn pieces & egg noodles	Roasted vegetable quiche with new potatoes	Poppers stuffed with bulgur wheat & kidney beans	Spanish omelette with roast potatoes	Lean & soft bake with Chips
Vegetables	Green Salad Sweet Corn	Cauliflower forests sliced carrots	Broccoli florets Roasted courgettes	Shredded Cabbage Roast parsnips	Garden Peas sliced peppers
Salad Selection Jacket Potatoes	Apple, Cherry & Nectarine Green & Red onion Green Salad	Grated carrot Tuna Green Salad	Green Salad Cured beans Tomato & Cucumber	Tuna mayonnaise Green Salad	Potato & Chive Cheese Chunks Green Salad
Dessert	Raisin Scones With Custard Yoghurt Fresh Fruit Salad Water	Peach cumber with Custard Yoghurt Fresh Fruit Salad Water	Baked pears with ginger sauce Yoghurt Fresh Fruit Salad Water	Chocolate sponge with chocolate sauce Yoghurt Fresh Fruit Salad Water	Apple pie with custard Yoghurt Fresh Fruit Salad Water
Drink Selection	Selection of Breads	Selection of Breads	Selection of Breads	Selection of Breads	Selection of Breads

**Primary School Menu 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Fruit Lamb Tagine with Couscous & Mixed Salad	Tuna Pasta Bake with Cucumber Cheese Topping & Greeny Bread	Sweet & Sour Chicken with Savoury Rice	Spiced Meat & Beans	Roast Chicken with Creamy Sauce
Vegetarian Option	Vegetable Tort in the Hole with White Sauce & Onion Potatoes	Tan Style Sweet Potato & Pumpkin Curry served with Peas	Chick Rice Patties in the Bread with Cucumber Yoghurt	Green Lentil Salad	Cucumber & Tomato Salad
Vegetables	Garden Peas	Roasted vegetable salad	Vegetable Stir Fry	Beetroot & Pepper Salad	Cheese Chunks Green Salad
Salad Selection Jacket Potatoes	Crunchy Celeriac & Sultana Salad Cottage Cheese Green Salad Baked Beans St Clements soup With Cucumber	Red Cabbage Slaw Tuna Green Salad Baked Beans Blueberry Bone ari	Grated Cheese Green Salad Spiced Hoppo Grip & Sultana Cucumber Yoghurt Fresh Fruit Salad Water or Milk	Tuna Mayo Green Salad Baked Beans Shredded Cheddar Cheddar	Yoghurt Fresh Fruit Salad Water or Milk Selection of Breads
Dessert	Yoghurt Fresh Fruit Salad Water or Milk Selection of Breads	Yoghurt Fresh Fruit Salad Water or Milk Selection of Breads	Yoghurt Fresh Fruit Salad Water or Milk Selection of Breads	Yoghurt Fresh Fruit Salad Water or Milk Selection of Breads	Yoghurt Fresh Fruit Salad Water or Milk Selection of Breads

If you would like this **Halal Food in Camden's Schools** leaflet in large print, Braille, on audiotape or in another language, please phone 020 7974 1875.

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- Arabic
- Bengali
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**Property & Contracts Service**

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Published June 2007