

Primrose Hill Primary School Weekly Newsletter



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@NW1PrimroseHill



Hi everyone, I hope you are all well and are managing to stay safe & healthy! Week 3 has been another very successful week of remote learning and in-school provision thanks to your wonderful support. Launching live Zoom sessions with the children has proved a huge success and has boosted attendance and engagement - I even managed to 'Zoom Crash' some sessions and it was an utter delight to see the children's smiley, happy faces, along with some of yours. Over the next week, you will see myself, Syra, Liz, Mandy & Laura pop in to say hello! I want to thank you again for all your support and encouragement - it has been a tremendous team effort from our whole community and I am proud of children, parents and staff alike. Enjoy your well-deserved weekend & don't forget to take some opportunities to relax, go out for your daily exercise and reflect on all of your achievements in such a challenging time. I'll leave you with an extract from a poem read by Amanda Gorman at Biden's inauguration: *The Hill We Climb*, with a message that resonates well with our shared experience.

'We did not feel prepared to be the heirs of such a terrifying hour, but within it, we found the power to author a new chapter, to offer hope and laughter to ourselves so while once we asked, how could we possibly prevail over catastrophe? Now we assert, how could catastrophe possibly prevail over us?' **Mireille**

Parent Governor Elections

We will have vacancies for two parent governors from the 30th January. With New Year's Resolutions still fresh, maybe this is the time for you to consider a personal development opportunity?

This is a chance to help shape the future of Primrose Hill Primary in 2021 and beyond, supporting a new Head Teacher and helping to move the school forward from the difficulties that lock-down has imposed. If you have a growth-mindset and a passionate belief in Primrose Hill Primary, you could play your part!

As one of the departing Parent Governors chairs our largest sub-committee on Curriculum and Pupil Welfare, we are particularly keen to find candidates who may have experience of running meetings, taking minutes and reviewing policies or similar documents. It would also be advantageous to enlist the skills of someone who has fundraising experience.

We will be holding a remote information session on Monday 25th January, at 5.30pm if you would like to find out more- **see Zoom Meeting link**. You do not need to attend this to apply, but all **applications should be returned by email to admin@primrosehill.camden.sch.uk, by 3pm Friday 29th January.**

Your application should include a paragraph or two about why you would make a good governor (maximum 250 words) and an accompanying video for voters to watch (optional, but highly recommended).

We look forward to receiving your applications.

Join Zoom Meeting

Topic: Parent Governor Information Meeting

Time: Jan 25, 2021 05:30 PM London

[https://us04web.zoom.us/j/78612487175?](https://us04web.zoom.us/j/78612487175?pwd=L0N4dGFNbHZlVnhVVkpzbjNaN3JjZz09)

[pwd=L0N4dGFNbHZlVnhVVkpzbjNaN3JjZz09](https://us04web.zoom.us/j/78612487175?pwd=L0N4dGFNbHZlVnhVVkpzbjNaN3JjZz09)

Meeting ID: 786 1248 7175

Passcode: Bv3PW0

Parent & Carer Feedback

We value your honest feedback and opinions on our remote learning so next week we will be sending a survey. We know how stretched many of you are, but do please take the time to complete it so we can further improve our support of your child at home.

IT Donations - Thank You!!!

Since announcing our generous donations from families last week, we have had more donations! We are so extremely grateful for this and have already ordered some more chromebooks. Laura will be in touch with families who initially requested more than one device for siblings, please be patient with us and email

admin@primrosehill.camden.sch.uk if you need devices, including data packs.

Remote Learning Evaluation & Feedback

What a learning curve our entire school community, have been on—perhaps the adults most of all, We hope to continually refine and further improve our remote learning approach, and teaching staff have been phenomenal in taking on new ideas, expectations and technology. This week our teachers met to share highlights and best practice - we've had live phonics in Ladybirds, shared reading in Y1, live English lessons in Y2&3 and feedback and marking sessions across KS2. After reviewing successes & next steps, we've made a couple of tweaks to the timetable - see overleaf - to allow teachers to start the morning zoom with more time to set up and teach the English & Maths sessions in KS1&2. We are also conscious of too much screen time, so have added an offline afternoon for children on Tuesday - there will be a Wellbeing & Project work set out. Staff will still be available for phone consultations, but there will be no online support for this period.



Help and Support



We know it is a challenging and difficult time for all and understand that you may need a little extra support. Here are some more links to useful parental support sessions & organisations you can contact to support your mental health & wellbeing:

- <https://tavistockandportman.nhs.uk/covid-19/thriving-plus-resources-helping-families-home/thriving-plus-getting-advice-and-signposting/> Our Thriving Plus webpage is regularly updated with lots of mental health resources for families. Parents may be familiar with it already from the first lockdown.
- <https://educationinmind.org.uk/> A website run by some of our staff to support mental health in school staff
- <https://tavistockandportman.nhs.uk/news-and-events/conferences-events/work-and-wellbeing-individual-and-team-development/> One of the Tavistock Centenary talks in a series about wellbeing that might be of interest to staff.
- The MHST webinars (you have the info in a previous email) parents can sign up themselves on Eventbrite.
- <http://www.primrosehill.camden.sch.uk/wp-content/uploads/2021/01/MHST-Webinar-Series-for-Parents-or-Carers-of-Children-of-Primary-School-age.pdf>
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In School Provision

We have finalised our risk assessment ([see website](#)) and included maximum numbers we can safely have in our in school provision - we are now full. For any parents & carers who are accessing this provision already, if your circumstances change, please do let us know so we can invite children on waiting lists. We may need to review this in a few weeks, as staffing both in school & remote learning continues to be a challenge with staff absences related to COVID. Again, please be patient with us, we are doing our best to ensure all children can access high quality learning.

Helping small local businesses

Many of our families run **small local businesses**. We know that times have been hard and would like to dedicate a corner of our newsletter to advertising these gems and encouraging our whole community to support them. Please email admin with a short blurb and image if you would like to feature your business.



KS1- 2 Master Timetable

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
9am	Work for the day is posted. You can change your timetable as needed. <i>Please complete ALL work assigned each day.</i> An adult will be online from 9:30am-12:45pm each day if you need any help, please ask them questions. If you would like to talk to an adult, you can also request this.				
9:10-9:30am	Zoom Register & Introduction of the day's learning 9:10-9:30am Each class will send you their Zoom link via Google Classroom				
9:30am -10:15am	English Task Including either: - handwriting - spelling / phonics	English Task Including either: - handwriting - spelling / phonics	English Task Including either: - handwriting - spelling / phonics	English Task Including either: - handwriting - spelling / phonics	English Task Including either: - handwriting - spelling / phonics
10:15-10:45am	Children can select to do <i>one, or all of these things:</i> EXERCISE SONG OF THE DAY FREE PLAY				
10:45-11:30am	Maths Task	Maths Task	Maths Task	Maths Task	Maths Task
11:30-12pm	Free play / Movement break	Free play / Movement break	Free play / Movement break	Free play / Movement break	Free play / Movement break
12-12:30pm	Reading Task	Reading Task	Reading Task	Reading Task	Reading Task
	ASSEMBLY with Mireille				ACHIEVEMENT ASSEMBLY with Mireille
12:30-12:45	Please submit your work before these sessions start Zoom Session - Marking & Feedback				
12:45-1:45pm	12:45-1:45pm Lunch for all				
1:45pm	Topic	Wellbeing Afternoon / Project - Offline work	Topic	PE - Live with Jordan at 1:45-2:20pm Music- Live with Tom at 2:20-3pm	Topic
2:45pm	Wellbeing activity		Wellbeing activity	Wellbeing activity	Wellbeing activity
3:00pm	Goodbye and Sign Off				

Please note some year groups may switch the English & Maths session around depending on the morning zoom focus. This will always be included in the daily 9am post for each class.

Star Learners!

Tadpoles – Theo Bates
Froglets – Gracie & Isaac
Ladybirds – Phoenix & Oskar

Dragonflies – Lylah & Albie
Butterflies – Hannah & Rena
Grasshoppers – Sophia SZ & Josephine
Beetles – Zakaria A & Jinghan

Tadpoles...

The Tadpoles had so much fun learning about the Three Billy Goats Gruff this week. Making trolls and handprint goats, using Maths words to make small, medium and large billy goats. We also made a bridge using different materials!

Year 1...

In Year 1 we have been busy learning even more about animals! We chose an animal to research and then wrote down what we found out. We also drew some beautiful pictures!

Froglets...

The Froglets had so much fun learning about the Three Billy Goats Gruff this week. Making trolls, using Maths words to make small, medium and large billy goats and also a science experiment to make a bridge out of paper that would hold the billy goats!

Year 2...

In Year 2 we have been learning about different countries all around the world! We all chose a country to research and created posters to show what we found out. Then we did presentations during our zoom calls to share our knowledge with our friends. The grown ups were very impressed!

Ladybirds...

The Three Billy Goats Gruff

We have had so much fun this week in Ladybirds as we all became Bridge Engineers! In our zoom session, we received a letter from the goats asking us to help design and create a new bridge for them!

In Maths we explored what number bonds were and found all the different ways to make the numbers 6, 7, 8 and 9! We even wrote number sentences to match.

Well done Ladybirds for another fabulous week!

Bats – Eti-Eno & Iqra
Squirrels – Amir and Maysa
All the Squirrels and Bats in School

Hedgehogs – Nathan and Greta
Foxes – Ilan, Bert and Zahrah
Blackbirds – Frankie & Nuri
Woodpeckers – Ethan & Lisa
Herons – Lorenzo & Liza
Kestrels – Kaiyan & Aron

Year 5...

We have been writing diary entries in role as King Midas from a Greek myth called 'Midas and the Golden Wish'. Everyone did their very best and it was wonderful to see all the different approaches to it. These examples are from Ethan, Nuri and Rabah!

Year 3...

We have been learning paper craft techniques and had a go at making an Ancient Greek gazebo in a build up to creating a temple to honor a greek god or goddess.

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Year 6...

Y6 have been learning about adaptation and evolution in Science. They have applied their learning to explain how characteristics are passed genetically.

Year 4...

In Year 4 we created storyboards for chapter one of the Iron Man. We then used these storyboards to help us re-write the opening chapter. Here are some examples of fabulous work...

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter @CamdenCouncil and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling 020 7974 4444 (option 9).



SIGN UP to the Council's coronavirus newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates



Our fantastic NHS is working hard to deliver the COVID-19 vaccine to those most at risk from the virus. Thousands of people across Camden have had it already – a figure that is rising daily.

The vaccine is safe, effective and free to everyone. It gives the best protection against COVID-19 and has been through rigorous testing. When you're eligible

for the vaccine, the NHS will contact you directly. It's important to note that while the vaccine gives hope that we can start to get this deadly virus under control, we must also continue to follow public health advice and lockdown restrictions. Case rates in Camden and London are still dangerously high. So please continue to stay home – and if you do need to leave for essential reasons, keep a safe distance from others, wear a face covering and make sure you wash your hands frequently.

It takes a whole community effort to have an impact, and I urge each of you to play your part to keep yourself and others safe.

Councillor Georgia Gould, Leader of Camden Council

STAY AT HOME TO SAVE LIVES AND PROTECT OUR NHS

NATIONAL LOCKDOWN RESTRICTIONS

With cases of coronavirus still so high in London, please stay at home unless you're leaving the house for an essential reason and follow other lockdown restrictions. It's also vital to follow public health advice to prevent yourself catching the virus or passing it on:



If leaving your home, act like you have COVID-19, and treat others like they have it too



Wear a face covering in indoor and busy outdoor public spaces, unless you're exempt



Wash your hands regularly and thoroughly



Keep 2 metres apart from people you don't live with

For more information on lockdown restrictions, visit gov.uk/coronavirus

Got symptoms?



New, persistent cough



High temperature



Loss of, or change to, sense of smell or taste

Self-isolate and get a free test by calling 119 or via nhs.uk/coronavirus

If you need help booking a test, call Camden Council on 020 7974 4444 (option 9), who can help you access support at the same time.

Symptom-free testing for workers

Camden Council is offering free rapid COVID-19 tests to people who do not have symptoms and must leave the house for work. Tests will be available for people who live or work in the borough and:

- Cannot work from home and therefore have to leave their house to travel to work
- Cannot access any form of COVID-19 testing from their employer.

Tests have a 45-minute turnaround time and aim to identify people who do not have symptoms of COVID-19 but may be infectious so could still pass it onto someone else.

Find out more and book a test online at camden.gov.uk/rapidtest

COVID-19 vaccine

The COVID-19 vaccine will help to reduce the number of people catching, and dying from, COVID-19. It will also help to protect those around us.



Care home patients and staff, health and care professionals, people over the age of 70 and those who are clinically extremely vulnerable will all have been offered the vaccination by mid-February. They've been prioritised because they are at greatest risk from the virus.

When you're eligible for the vaccine, the NHS will be in touch, so please wait for them to contact you. When it's your turn, you can choose to have it at a local vaccination centre – in Camden or a neighbouring borough – or at one of four GP surgeries in the borough. Please rest assured that whether you go to a local GP surgery or a vaccination centre, it will be a COVID-secure environment, which means extra precautions are in place to keep you safe.

In the meantime, please make sure that you're registered with a GP practice so the NHS can contact you when it's your turn. Find out how to register at nhs.uk For more information on the vaccine, visit nhs.uk/coronavirusvaccine



"I had the COVID-19 vaccine to protect myself, my family and my patients. From reviewing the research and trial data, I honestly feel it is a safe and effective vaccine and I didn't experience any side effects – except for a dull ache in my arm for a few days. I've experienced first-hand the devastating effects of COVID-19 on my patients – particularly those that are elderly, frail or have underlying health conditions – so I really hope my patients get the vaccine."

Dr Vikram Dave, GP, Holborn Medical Centre

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