

# Primrose Hill Primary School

Princess Road, Regent's Park, London NW1 8JL

Tel: 020 7722 8500

admin@primrosehill.camden.sch.uk

[www.primrosehill.camden.sch.uk](http://www.primrosehill.camden.sch.uk)



Tuesday 23rd March 2021

## INFORMATION: COVID GOVERNMENT GUIDELINES

Dear Parents & Carers,

I hope this letter finds you all safe, healthy and happy. We have been delighted in welcoming the children back to school.

Thank you for all your support and help with ensuring we are all kept as safe as possible and adhering to the government guidelines. However, it has come to our attention that a few families have been having indoor playdates and sleepovers, which is not in the government's guidelines yet. Whilst we recognise that everyone's situation is different, and that after a year of lockdown many families are feeling frustrated, we want to remind you that such decisions can **put our school community at risk**. The restrictions on indoor visits are particularly crucial to adhere to, as the risk of transmission in domestic settings is very high. **Please see below for government guidelines on the current rules from the 29th March - next Monday.**

We have also had some parents and carers sending their children into school with one or more of the main three symptoms as identified by the NHS (see below)- we understand this is difficult to assess yourselves and that is why we always recommended you call NHS via 111 to get advice on what to do. If your child/ren need a COVID test, please also make sure you are **getting a PCR test (via calling 119) and NOT a lateral flow test**. Testing is so rapid now and results are usually given within 24hours.

Whilst numbers of Covid cases in Camden are dropping, there are still active cases and a third wave is still a possibility.

We are now approaching the point at which restrictions will ease again, and ask you to be patient – as most of you have been – and to take care to protect the children, your families and staff in our school by continuing to follow the rules.

### Roadmap out of Lockdown:

<https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary>

Step 2: 8th-29th March (current guidelines)

#### **Social contact**

People will be allowed to leave home for recreation and exercise outdoors with their household or support bubble, if they are eligible for one, or with one person from outside their household. Care home residents will also be allowed one regular visitor.

*Acting Head Teacher: Mireille Alwan*

### From next Monday 29th March: Social contact

The evidence shows that it is safer for people to meet outdoors rather than indoors. And this is why from 29 March, when most schools start to break up for the Easter holidays, outdoor gatherings (including in private gardens) of either 6 people (the Rule of 6) or 2 households will also be allowed, making it easier for friends and families to meet outside.

### Staggered Start & End of the Day

We appreciate that arrangements such as staggered start and end of the day times may be inconvenient for you as a family if you have more than one child to drop off or collect, but at the moment it **remains a necessary measure**.

Please remember you don't all need to come at 3:15pm to collect your child/ren, you can stagger your exit and come from 3:20-3:25pm. This will help ease congestion, reduce queuing and also allow you to safely socially distance.

### Reminders of Reporting COVID

It is essential that you inform us about any positive Covid cases or even Covid symptoms of anyone in your household. Please call the school on: 0207 722 8500 or email [admin@primrosehill.camden.sch.uk](mailto:admin@primrosehill.camden.sch.uk) to report any COVID absence or positive tests. Below is a reminder of the 3 main Covid 19 symptoms:

- **a high temperature** – this means you or your child feels hot to touch on their chest or back (you do not need to measure their temperature, but if your child's temperature is over 38 degrees, this qualifies as a high temperature **IN ADDITION** to them feeling hot to touch on their chest or back)  
*Please always call 111 or your GP for further guidelines around temperatures, as they will be able to advise you if you should be tested. If they tell you that you have to be tested, then you need to call 119 to arrange this.*
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you or your child usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you or your child cannot smell or taste anything, or things smell or taste different to normal
- **IF ANYONE IN YOUR HOUSEHOLD OR SUPPORT BUBBLE DEVELOPS ANY OF THE 3 SYMPTOMS, YOUR WHOLE HOUSEHOLD HAS TO ISOLATE.** You need to arrange testing immediately - please call the school if you have any problems with arranging a test.
- **IF SOMEONE TESTS POSITIVE - ALL MEMBERS** of your household **AND** anyone the positive case has had close contact with **MUST** isolate for 10 days from last contact- this may include your support / childcare bubble
- If you have had to have someone in your household tested, please email evidence of your test results- both positive and negative. Your child/ren will not be able to return to school until evidence of a negative test has been obtained and received.

Kind regards,

Mireille Alwan  
Acting Head Teacher

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