

Primrose Hill Primary School Weekly Newsletter



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Friday 26th March

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(2020-2021) @NW1PrimroseHill



It has come to that time where I am writing my last newsletter as Acting Head Teacher - what a privilege it has been leading this magnificent school community. It has been a challenging time for all, one when we all came together and were able to overcome with strength, resilience and determination to succeed - and succeed is truly what we did!

Thank you to:... your marvellous children, who have worked so hard and shown a real growth mindset; your wonderful selves for adapting and coping in such a difficult time, juggling so many roles at home and for your endless encouragement to your child/ren; to our amazing staff, who always put the children first and have, and are still, working tirelessly to provide the highest level of education, whilst supporting the children's wellbeing. I could not be happier with all of our successes and achievements! I thank you all for your continued support, encouragement and faith in me, and all your wonderful messages of kindness and gratitude. We are so excited about Phil starting in the Summer Term – onwards and upwards...together we have this! **Mireille.**

Last Day of Spring Term- Wednesday 31st March collection from 1:20pm

Our last day of Spring Term will be Wednesday 31st March - as usual, this is a half day for all children and school will close after lunch. We will start collection of Ladybirds Group 1, Year 1, 2 and 3 at 1:20pm and all other children at 1:30pm.

TRACK AND TRACE

School contact tracing over the Easter Holiday

You will know that schools have been playing a vital role in contact-tracing. If a student or staff member tests positive for coronavirus (COVID-19), we carefully review who the person has been in close contact with while at school and ask those people to self-isolate and/or close Bubbles. This helps to protect the remainder of the school community, your families and the wider public. The Department for Education has said that schools **must continue to support contact tracing during the Easter Holiday**. This is so that we can identify any close contacts of positive cases who were in school while infectious and where test results come back after this term ends.

Your reporting of positive test results remains vital to our contact-tracing efforts. Please make sure you email head@primrosehill.camden.sch.uk to report any positive tests FOR ANYONE IN YOUR HOUSEHOLD. Please include in your email:

- o What date did symptoms start? (this can be any feeling of being unwell, not just the three COVID symptoms).
- o The date that the test swab was taken.
- o The date that the child/positive person was last in school.
- o Whether anyone in your household has else been unwell with COVID?

o Your contact phone number in case more information is needed. We will also notify you if any staff who have been in school have tested positive, so please regularly check your emails.

Please continue to report any COVID symptoms / tests both negative and positive and any other relevant information over the Easter period AND DO NOT RETURN TO SCHOOL ON 20th April if anyone in your household has symptoms of is isolating and again, inform the school via: head@primrosehill.camden.sch.uk

P3 - Wrap Around Provision at PH

P3 is an independent charity that uses our building to provide wrap around provision for families. Unfortunately, they weren't able to open on the 8th March due to not enough interest from families. I have been in regular contact with them and am happy to announce they will be back and running from Tuesday 20th April, when we reopen after our Easter holiday. We work closely with this provision, but like any after school club that your child/ren may attend, they have their own risk assessment and manage the children with the staff they have working for them. Please contact them directly (see email below) if you have any questions. Here is a message from P3:

P3 update: P3 have been working with the school looking at ways to accommodate children in reception. We are pleased to say P3 are now offering limited spaces for children in reception offered on a first come first served basis. Reception children are NOT eligible for breakfast club. To book for P3 please create an account via <https://p3charity.magicbooking.co.uk> add all information for yourself, children's details, doctors and collectors information required. For any enquires please contact Linda Hamilton via linda.hamilton@p3charity.org

CAMDEN HOLIDAY ACTIVITIES and FOOD (HAF) PROGRAMME

Camden is having a Holiday Activities and Food Program (HAF) over the Easter Holidays for children and young people aged 5 to 16 years.

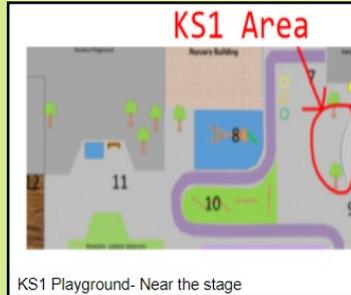
All the activities can be accessed for free by any child receiving free school meals. The letter emailed to you can be used as evidence that your child(ren) receive free school meals.

We have sent you the leaflet of all the activities. Please refer to this for further details and we hope you can make a good use of the HAF programme.

Parent Liaison Timetable

Liaison times will continue after Easter Holidays on the week beginning of 26th April and will be at 8:45am each morning - please enter the school through the main gate, your child should continue to enter through the gate they usually come through. Please refer to the map below for where your child's class teacher will be - as always we ask you to wear a mask and ensure you are socially distancing from the teacher and other parents.

Parent Liaison Timetable Spring 2 2020-21					
	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery playground	Sophie T Froglets				
KS1 Playground	Becca - 3:15pm via phone each day	Maria and Lia - Reception Ladybirds	Hatty - Y1 Butterflies	Sophie K - Y2 Grasshoppers	Chrystal - Y2 Beetles
KS2 Playground Area 1	Jemma - Y5 Woodpeckers	Nabila - Y6 Herons	Marianne - Y6 Kestrels	Lucy - Y5 Blackbirds	
KS2 Playground Area 2		Alice - Y4 Hedgehogs	Marina- Y4 Foxes	Paul - Y3 Squirrels	Jacob - Y3 Bats



Attendance & Reporting Absences

Attendance is an ever changing thing. There are always new rules and new protocols to follow that Camden sets out for us, which is why Mandy and I have met to discuss putting in place new incentives for attendance in the summer term - and they all sound super exciting! We're ordering some trophies for best weekly attendance as well as making some class posters so children can start to think and implement ways to improve attendance.

We know that a lot of the children have been feeling anxious about returning to school, so in the summer term we will meet with parents about this to find ways we can best support you and your child in coming into school.

The summer term is usually jam packed with fun activities and there may even be an attendance prize up for grabs... Watch this space! **Lyra**

Adult Drama Therapy—Tuesday 30th March at 4:30pm

The Parent's Wellbeing Session will be facilitated by Drama and Movement Therapist Grace Linstead from the Royal Free Hospital Children's School. The session will invite parents to creativity explore through gentle movement, meditation, sharing and drawing/writing. It will focus on themes of place, safety and emotions/feelings. It is a safe space and will be confidential, and parent's are welcome to share as much or as little as they feel comfortable with. (The link will follow next week)

Summer Term Dates

**Wednesday 31 March –Last day of Term
-1:20 pm Finish**

Easter / Spring holiday: Thursday 1 April to Friday 16 April 2021 (Including Good Friday, 2 April, and Easter Monday, 5 April)

Summer Term

Tuesday 20th April to Friday 28 May 2021

Early May Bank Holiday Day Monday 3rd May & Spring Bank Holiday Monday 31st May 2021

Half-term including Spring Bank Holiday, Monday 31 May to Friday 4 June 2021

Tuesday 8 June to Thursday 22 July 2021

INSET DAYS

Monday 22nd February – additional Inset as approved by Camden LA

Monday 19th April 2021

Monday 7th June 2021

Term Dates 2021-2022

The NHS Mental Health Support Team are excited to offer an online webinar for all parents and carers of primary and secondary school children in Camden.

What is the webinar about?

The webinar explores anxiety or worry that adults in families may be experiencing and is an opportunity to come together to discuss feelings that are around at the current time and to think together around coping strategies that are already in place, as well as other top tips around supporting mental wellbeing.

What will it involve?

We are aiming for this to be an interactive session, delivered via Zoom, in which we will share some information around anxiety, provide some ideas around coping strategies and offer a safe space for adults to discuss what is on their minds at the moment. The workshop will last up to 60 minutes, with an optional follow up 20 minutes for further questions or discussion for those parents or carers that are interested.

How to register for the webinar

Parents/carers can register for the webinar through Eventbrite (for free) at <https://www.eventbrite.co.uk/e/parent-and-carer-workshop-around-adult-anxiety-tickets-147523519819>

Parents/carers can opt in for one of two times available:

Date	Time
Option 1: Wednesday 31 st March 2021	10:00 -11:00 a.m. 11:00 -11:30 a.m. Q&A
OR	
Option 2: Thursday 1 st April 2021	3:30 - 4:30 p.m. 4:30 - 5:00 p.m. Q&A

We are very much looking forward to meeting you virtually and please do get in touch with us via the SENCo at your child's school if you have any questions.



- LESSONS IN SCHOOLS
- SATURDAY CENTRES
- SUNDAY GROUPS
- HOLIDAY COURSES

Camden Music is delighted to offer a wide range of one to one and shared music lessons in your school.

Getting started is easy!

Simply go to our website for more information and to register. Why not sign up for an exciting weekend or holiday group as well?

www.camden.gov.uk/camdens-music-service

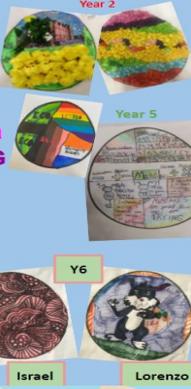


020 7974 7239
camdenmusic@camden.gov.uk

EGGcellent Competition Winners!

Tadpoles - Lena
Froglets - Isaac
Ladybirds - Harvey
Dragonflies - Maisie
Butterflies - Rena
Grasshoppers - Isaac
Beetles - Nneka
Bats - Sy

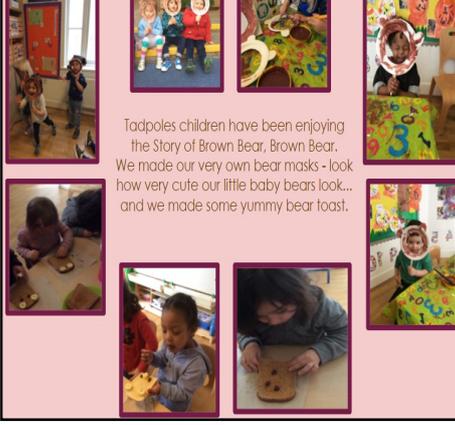
Squirrels - Harry
Foxes - Maria
Hedgehogs - Teddy
Blackbirds - Izzy
Woodpeckers - Lisa
Hérons - Lorenzo G
Kestrels - Israel



Star Learners!
Tadpoles - Omar
Froglets - Khalifa & Kayan
Ladybirds - Hedayah & Giv
Dragonflies - Everyone!
Butterflies - Ervin & Layla
Grasshoppers - Nurali & Hero
Beetles - Emma & Caetano

Bats - Alice F & Samuel
Squirrels - Reham and Clara
Hedgehogs - Erika and Charles
Foxes - Sophia and La'Shae
Blackbirds - Zak & Maya P
Woodpeckers - Alissa & Rukan
Hérons - Zahir & Deon
Kestrels - Anas & Herbie

Tadpoles...



Tadpoles children have been enjoying the Story of Brown Bear, Brown Bear. We made our very own bear masks - look how very cute our little baby bears look... and we made some yummy bear toast.

Froglets...



Look at our fantastic animal handprints!

Ladybirds...



This week we have read the story of Handa's Surprise. We started thinking about the different fruit Handa collected for her friend. This led us on to learning about the different food groups and sorting healthy and unhealthy foods. Later in the week we thought about other things which help us to keep fit and healthy.

Together we created a new interactive Maths display to help us with our addition. It is an adding machine and it is lots of fun to play.

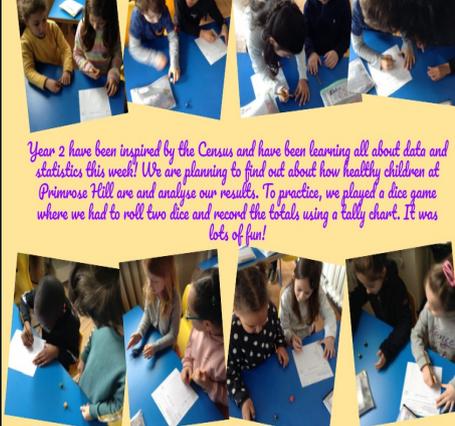
We have also been enjoying the sunny weather we have had this week and created some fabulous large artworks!

Year 1...



This week we've been practising adding two numbers together up to 20. We've been remembering helpful tricks like making sure we fill our first ten frame before we fill the next one. We've also been remembering how much easier it is if we start with the biggest number first. We're turning into real mathematicians!

Year 2...



Year 2 have been inspired by the Census and have been learning all about data and statistics this week! We are planning to find out about how healthy children at Primrose Hill are and analyse our results. To practice, we played a dice game where we had to roll two dice and record the totals using a tally chart. It was lots of fun!

Year 3... Have been learning about the skeletal system. First humans then we compared our bones to other mammals and creatures.

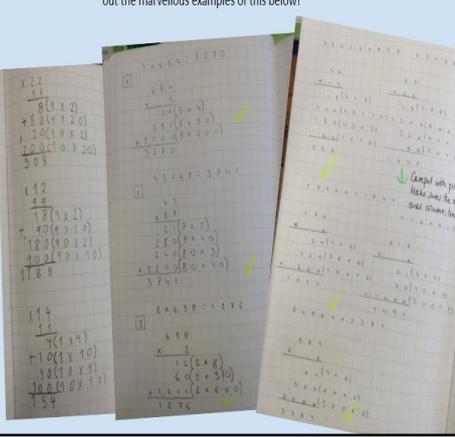


Year 4...



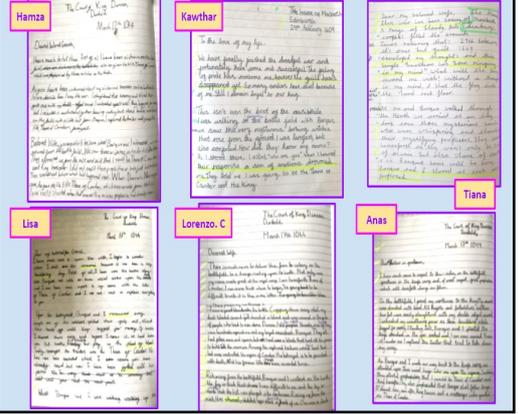
In English we have been reading Matilda. We have been learning how to use direct speech in our writing. We used drama to help us think about what the characters might say and how they would say it. We focused on our favourite chapter, The Hat and the Superglue.

Year 5...



Year 5 have been working on formal written methods for multiplication. Clear and neat presentation is SO important when using written methods. Check out the marvellous examples of this below!

Year 6... Have been writing letters in role as Macbeth. Read this wonderful selection of writing to see for yourself how well they are doing.



Handwritten letters in role as Macbeth, including letters from Hamza, Kawthar, Lisa, Lorenzo, Anas, and Tiana. The letters are written in a formal, persuasive style, reflecting the character of Macbeth.

Tadpoles - Lena
 Froglets - Florence
 Ladybirds - Dalia
 Dragonflies – Felix
 Butterflies – Safaa
 Grasshoppers – Lexi
 Beetles – Sara
 Bats – Tayyiba

Squirrels - Isaac
 Foxes – Taleyah and Noah
 Hedgehogs – Henry
 Blackbirds – Bertina
 Woodpeckers – Lenny
 Herons – Everyone
 Kestrels – Everyone

Protocol Champions

Behaviour Expectations

- Safe Space Captains (Zones of Distancing)**
 Arm's length 1.5m, 2m, Avoid
- Catch it, Kill it, Bin it!**
- Handwashing Heroes (in/out, wash it all about)**
- Hygiene Kings & Queens (don't share resources, help out with cleaning) but if you forget, clean again!**
- Smooth Movers (move safely through the school, stick to group areas and seating plans)**

Keeping our Community Safe
 Please note– if you or any member of your family have symptoms, you need to have a PCR Test, NOT a lateral Flow Test—always call 111 for advice.

Please check your child for symptoms, and **do not** come in to school if they or **anyone in your family** show the following symptoms: Remember, everyone in your household will have to isolate if anyone has one of these symptoms & you will need to arrange a COVID test:

- a high temperature (please try to take their temperature every morning/check if they are hot to touch on chest & back)
- a new, continuous cough or symptoms – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal

The above 3 symptoms are from the NHS and you should always consult your GP or call 111 NHS or use the coronavirus service <https://111.nhs.uk/covid-19/>

What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.
3. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
Always contact the school if you are unsure of what to do or would like some advice.

NO SYMPTOMS BUT MUST LEAVE HOME?

BOOK A FREE, RAPID COVID-19 TEST

- 33-35 Jamestown Road, NW1 7DB, open Monday to Friday, 7.30am-7.30pm
- The Dome, 170 Weedington Road, NW5 4NU, open Monday to Friday, 9am-5pm
- Swiss Cottage Library, 88 Avenue Road, NW3 3HA, open Monday to Friday, 7.30am – 2.30pm
- Triton Café at Regent's Place, 17-19 Triton Street, Regent's Place NW1 3BF, open Monday to Friday, 9am-5pm
- London Irish Centre, Kennedy Hall, Murray Street, NW1 9XB, open Monday, Wednesday and Thursday, 7.30am-2.30pm
- Crowndale Centre, 218 Eversholt Street, NW1 1BD, open Monday to Friday, 9am-5pm
- JW3, 341-351 Finchley Rd, London NW3 6ET, open Monday to Friday, 7.30am - 2.30pm

Results available in 45 minutes.

KEEP CAMDEN SAFE
 Book now: camden.gov.uk/rapidtest
 Call: 020 7974 4444 (option 9)

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – Includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter @CamdenCouncil and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling 020 7974 4444 (option 9).

SIGN UP to the Council's coronavirus newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates

Changes to lockdown restrictions from Monday

From Monday (29 March), lockdown restrictions will be eased slightly and you'll no longer be asked to stay at home. From this date, while you can still only socialise indoors with your household or bubble, outdoor gatherings of 6 people or 2 households will be allowed – including in private gardens. Please remember that people are still catching the virus every day, so you must continue to follow the rules:

- Wash your hands regularly
- Wear a face covering, unless exempt
- Stay 2 metres apart from others

For more information, visit www.gov.uk/coronavirus

Celebrate Passover safety
 This weekend marks the start of Passover. For those celebrating, please do remember to do so safely, and in line with the latest rules. Thank you for all that you're doing to keep Camden safe.

Book your COVID-19 vaccine appointment today

If you fall into one of these categories, you're eligible to have the COVID-19 vaccine now:

- Aged 60 and over
- People, or carers of people, who are clinically extremely vulnerable or clinically vulnerable – including people who live with a severe mental illness
- Care home staff or patients
- Health and social care workers
- People with a learning disability

Book your appointment at nhs.uk/coronavirusvaccine, call 119 for free, or speak to your GP.

Contact Camden Council if you need support

The team at Camden Council's dedicated coronavirus helpline has been supporting residents throughout the pandemic, and continue to be here for anyone who is struggling. Please don't hesitate to get in touch on 020 7974 4444 (option 9).

This week, people across Camden and the country have been reflecting on the challenges of the past 12 months. One year ago, the country shut down in response to COVID-19. Since then, many families have tragically lost loved ones, and others have spent months in intensive care or battled long COVID. Many have suffered physically, financially and emotionally.

The virus has exposed the deep, longstanding inequalities in our society. It will take time, compassion and hard work to move forward towards a brighter and more normal time – but the strength we have seen during these difficult times suggests more than ever that when we work together we can achieve anything.

We cannot thank enough the incredible NHS staff, frontline workers, carers, community leaders, volunteers and indeed everyone who has made sacrifices to keep themselves and others safe. Our focus now must be to do everything we can to continue to keep infection rates down. The vaccine rollout is going well, so please do get yours when it's your turn. The ongoing public health advice also still stands – please protect yourselves, and others, as we move into spring and towards a renewed sense of hope for Camden.

Councillor Georgia Gould, Leader of Camden Council

We make Camden **Nominate local organisations**

Help celebrate local organisations and groups that have made a difference to our communities in Camden since the COVID-19 pandemic began.

Throughout these challenging times, so many organisations and groups have stepped up to support their communities and make sure that no one gets left behind. From delivering food parcels, to setting up online activities, to keeping in touch with elderly and vulnerable people, every contribution has made a real difference.

To recognise these incredible contributions, you can now nominate a Camden-based organisation or group to be featured as part of the We make Camden campaign, including in this newspaper.

To nominate, email camdentalking@camden.gov.uk listing the name of the organisation or group, and why you have nominated them.

Council tax

You should now have received your council tax bill for the new financial year, starting on 1 April 2021. If you're worried about your ability to pay council tax or want to find out more about Council Tax Support, please call Camden Council on 020 7974 6414 so that they can help. If you're struggling with anything else, call the Council on 020 7974 4444 (option 9) or visit camden.gov.uk/coronavirus

Support and advice for people who privately rent

If you rent privately and are struggling to pay your rent, need advice on your rights as a private tenant, or have already received an eviction notice and been asked to leave your home, Camden Council can help. Call 020 7974 4444 (option 9) or visit camden.gov.uk/private-renters-help-covid