

Primrose Hill Primary School Weekly Newsletter

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Friday 15th Oct
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This week seems to have gone faster than the last! We are only a week away from half term and so much has happened over the term. This week we saw Y6 take a visit to the Heath to explore its geography, which is the first time we've been able to do so this term. The start of many we hope!

On a more practical note as the temperature drops and the weather becomes more inclement it is natural for traffic to increase around the school. However, this also increases the need for responsible parking and care near the school and on neighbouring streets. Can I ask once again for parents to avoid double parking, parking across junctions or on the crossing itself. All these increase both congestion and danger for all, especially our children. Thank you for all your help with this.

Lastly, you will have received notification that we have our annual flu vaccine provision next Friday (22 October). Given the amount of illness (Covid aside) that has affected the community over the past few weeks, I would encourage all parents to send in the permission slip to enable this to be administered. It is a crucial defence in keeping the entire community well and enables all children to attend school consistently. Clearly no vaccinations will be given without a permission slip being completed. **Phil**



Parent Consultations Mon. 1st November 2021

As you will have seen in this newsletter over the past few weeks,

Monday 1st November is Parent Consultation day which is once again being completed via Zoom. This means it is a home learning day for all children. Your children will be provided with project based learning for the day. Additional information for you to sign up for your appointments will follow later this afternoon.

If you have changed your email address or contact number recently and have not informed us, please email: admin@primrosehill.camden.sch.uk

ATTENDANCE

Attendance at Primrose had improved from last week but still quite low, we were at 92.75% this week across the whole school. A reminder to parents to send medical evidence if their child is absent for more than 3 days. This can be a letter from the GP explaining the reasons why your child needs to be absent, an appointment card from the GP or a prescription note/photo of the medication your child is taking. The medication should have a prescription label on it stating your child's name, the dosage and when to take each dose. We can administer **antibiotics** if there is a form completed by a parent and the forms can be found in the office. Please speak to a member of the office team if you have any questions.

LIBRARY BOOKS AMNESTY

We are delighted that the library is now open again and children may borrow up to 2 books. However, many children still have books they borrowed back in 2020 before the first lockdown, or borrowed last year. Please have a really good hunt at home for school library books, which can be identified with stickers on the spine, and the school stamp and barcode inside the front cover. Please return library books as soon as possible so that your child can start to borrow books from the library again.



AV^{UK}

Loud Shirt Day

Next Monday, **18th October**, please join us in wearing your **LOUDEST** shirt possible, and bringing in a £1 donation to support **AVUK**.

Auditory Verbal UK are a charity that raises funds and awareness for deaf babies and children.

They wish for deaf children to have the same opportunity to listen and speak as equals alongside their hearing peers.

Wear your **loudest clothes** to create a sound future for deaf children on 18th October 2021

#LOUDshirtday



FRIDAY 22ND OCTOBER

I'M SUPPORTING

WEAR RED DAY²¹

Show Racism the Red Card are the UK's leading anti-racism educational charity. Every heart and every mind that we change changes at least one life but has the capacity to change hundreds, if not thousands of others.

CHANGE HEARTS. CHANGE MINDS. CHANGE LIVES.

Register your participation for Wear Red Day 2021 at theredcard.org/wear-red-day

#WRD21

25 YEARS 1996 - 2021

TEXT 'RED' TO 70470 TO GIVE £1
TEXT 'RED5' TO 70470 TO GIVE £5
TEXT 'RED10' TO 70470 TO GIVE £10
TEXT 'RED20' TO 70470 TO GIVE £20

*TEXTS COST DONATION AMOUNT + STANDARD RATE MESSAGE



NCS

EXCITING NCS OPPORTUNITIES FOR YOUR SCHOOL THIS AUTUMN

NCS are extremely pleased to announce that we have secured funding to be able to partner with your school this autumn term.

We have three programmes available for your students this autumn, with an exciting opportunity for us to deliver a programme specifically for your school. This offer has been extended due to high demand this year. In 2020 this proved a popular option for schools running induction weeks and in the wind down before the Christmas break, but can be delivered at any time in the autumn term.

We are quickly running out of spaces on our Camden programme and don't want your young people to miss out on any of our offers.

Our autumn half term programme is not far away, so please contact us to arrange an assembly or engagement event for your school as soon as possible.

Please contact Luke Walker for more information:
l.walker@groundworkldn.partners.ncstrust.org.uk



TACKLING THE CLIMATE CRISIS

Focus on: Climate change and COP26

At the last Full Council meeting on Monday (11 October), councillors, community groups and climate experts came together to discuss ways to tackle the climate crisis ahead of this year's UN Climate Change Conference (COP26).

Councillors considered the latest evidence on the climate crisis, spoke about the work Camden is doing to achieve the ambitious 2030 zero carbon target, and outlined how the Council will strive to make further progress in this area in the lead up to the global climate summit COP26 in Glasgow later this month.

We know there's already some fantastic work taking place across the borough to reduce carbon emissions and take action on climate change. We're celebrating this work at a **special climate event** on Wednesday 3 November with Camden Climate Change Alliance (CCCA). The event will mark COP26, showcase the inspiring work of communities tackling climate change, and discuss ideas for future initiatives.

Take part in the showcase

If your school, community group or organisation is delivering great community work in Camden as part of the climate crisis let us know. Entries will feature in the 3 November event's digital showcase, which will be hosted at Samsung KX, Coal Drops Yard. **Find out more and enter.**

Primrose Hill Primary School

Term Dates 2021 - 2022

Autumn Term 2021

Monday 6th September to Friday 22 October 2021 (35 days)

Half-term: Monday 25 October to Friday 29 October 2021

Monday 1st November - Friday 17 December 2021 (35 days)

Christmas break: Mon 20 December 2021 to Monday 03 January 2022

Spring Term 2022

Wednesday 05 January to Friday 11 February 2022 (28 days)
(New Year's Day - Saturday 01 January 2022 (Monday 03 substitute day))

Half-term: Monday 14 February to Friday 18 February 2022

Monday 21 February to Friday 01 April 2022 (30 days)

Easter/Spring holiday: Monday 4 April to Monday 18 April 2022
(Including Good Friday, 15 April, and Easter Monday, 18 April)

Summer Term 2022


Wednesday 20 April to Friday 27 May 2022 (27 days)
(Early May Bank Holiday, Monday 2 May 2022)

Half-term: Monday 30 May to Friday 3 June 2022
(Including Spring Bank Holiday 2 June, Jubilee Bank Holiday 3 June)

Monday 6th June to Friday 22 July 2022 (35 days)

INSET DAYS

Wednesday 1st, Thursday 2nd & Friday 3rd September 2021
Tuesday 4th January 2022
Tuesday 19th April 2022



CAMDEN Special Parents Forum

AUTISM Coffee Morning

When Wednesday 15th Sept @ 10.30-12pm
Wednesday 10th Nov @ 10.30-12pm
Where ZOOM (Register for a link)

Join us for a chat about Autism and to meet other parents!

Meet us on Zoom and join in the chat with other parents about the challenges and joys of living in Camden with a child or young person with autism.

What are your experiences? Do you have any top tips?
Would you like advice from other parents? What do you want to talk about?
Come along to share your experiences or simply listen to the conversation.

15th September - we will be joined by Rachael Bond who helps facilitate the Autism Partnership Board in Camden and Sandra Soteriou who works with parent/carers to provide feedback to the board.

If you are new and haven't joined one of our chats before - why not make this your first time? We are a really friendly bunch and we'd love for you to join us!

To book a place please email maria.schultz@kids.org.uk call or text 07826 671 523
<https://www.facebook.com/CamdenSpecialParentsForum>



Anna Freud National Centre for Children and Families

shout 85258
here for you 24/7

Feeling overwhelmed? Struggling to cope?

Text AFC to 85258

Text the free, confidential textline

All texts are answered by trained volunteers, with support from experienced clinical specialists





Star Learners!



Tadpoles – everyone



Froglets – everyone



Ladybirds – Austin & Maia E



Dragonflies – Thor & Dalia



Butterflies – Kian & Matilde



Grasshoppers – Adrian & Layla



Beetles – Isolina & Elisa



Bats – Cecilia & Isaac



Squirrels – Ronnie & Anika



Hedgehogs – Clara & Scarlett



Foxes – Fatima E & Percy



Blackbirds – Hiwaad and Idris



Woodpeckers – Adam and Ilan



Hérons – Fiona & Nuri



Kestrels – Amaanah & Lily



EYFS...

Ladybirds have gone pizza crazy this week. We learn the 'p' sound, made pizzas and now have created 'Pilgrims Pizza' restaurant in the classroom, we even have our very own deliveroo driver!



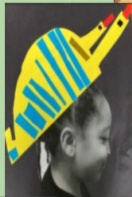
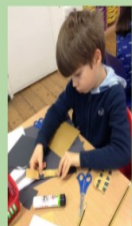
Year 2...

In maths in Year 2, we have been working on our problem solving skills! We worked systematically to find all the possible solutions to a problem. We also had to use our knowledge of place value to crack it. Great work, Year 2!



Year 3...

In Year 3, we have been learning about Ancient Egypt. We have been finding out about a famous pharaoh, Tutankhamun. Pharaohs wore beautiful headdresses to show how important they were. We decided to design our own headdresses and thought about what each colour and shape represented.



Year 6...

On Monday, Y6 spent the day on Hampstead Heath. They investigated the source of the River Fleet and eventually found the springs. In the afternoon, they took part in three workshops, learning all about how living things adapt to survive in their environment.



Coronavirus: Update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the news pages at news.camden.gov.uk
- Follow Twitter @CamdenCouncil, Facebook facebook.com/LBCamden and Instagram @WeMakeCamden
- Speak to someone at the Council on 020 7974 4444 (option 9).



SIGN UP to the Council's coronavirus newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates

Where to get the COVID-19 vaccine in Camden

If you're due your first or second dose of the COVID-19 vaccine, there are a number of ways you can get it. If you're 16+, turn up to a local walk-in vaccination centre or Camden's COVID-19 vaccine bus. Find out more at camden.gov.uk/getting-the-vaccine. If you're 16+, you can also book a vaccine appointment – call 119 for free or visit nhs.uk/coronavirusvaccine

Please keep wearing a face covering, unless you're exempt, to keep those around you safe

Coronavirus cases remain high across Camden and London. Please keep wearing a face covering over your nose and mouth in indoor and busy outdoor public spaces – including communal lifts, public transport and shops. Doing this will help to keep people safe, including those that can't get the vaccine, because it will prevent infectious particles from coughs, sneezes, breathing and speaking reaching others.



Book an appointment for your flu vaccination

Flu season is coming, and while the flu vaccine won't protect you from coronavirus, having COVID-19 and the flu at the same time can make you seriously ill – particularly if you have underlying health conditions. A flu vaccination is the best way to protect yourself, your family and your community against flu this winter. It's free for:

- People aged 50+
- Pregnant women
- All frontline health and social care workers
- People with a long-term and/or underlying health condition/s
- People who are the primary carer for an older person or someone with an underlying health condition

Please do not put off getting your flu jab. Speak to your GP, pharmacist or midwife to book your appointment. For more information visit nhs.uk/flujab



Even though many of us are returning to some form of 'normal', there are still a lot of challenges. Whether you're struggling with the return to work, with the impact of the end of furlough or the national Universal Credit cut, or getting used to more people out and about, I want to remind you that there is lots of support available in Camden. No matter what you are going through, I urge anyone who needs help, or knows someone who does, to reach out. Please know you are not alone. You can find some useful resources and tips on this page.

As we enter the autumn months, taking care of ourselves and those around us is particularly important. For those who are eligible, getting a flu vaccine will help protect you from getting seriously ill from flu. Vaccines are the best way to protect yourself, friends and family from the spread of dangerous viruses. You can find out more, including how to book your flu vaccine, below.

The past 20 months have shown what amazing community strength there is in Camden. Let's continue to look out for each other as we navigate the next phase of this pandemic.

Councillor Georgia Gould, Leader of Camden Council

Need some help? Support available in Camden

It's a difficult time for lots of people, so if you're struggling, support is available on a range of issues:

Mental health advice and support

Many people are feeling overwhelmed and anxious at the moment. If you are worried about your mental health or need some extra support, there is a range of help available. You can speak to your GP, visit [100pe.nhs.uk](https://www.100pe.nhs.uk) or phone I Cope on 020 3317 6670. If you're experiencing a mental health crisis, please phone the 24-hour crisis line at St Pancras Hospital on 020 3317 6333.



As well as accessing support when you need some extra help, there are small ways we can look after our wellbeing day-to-day too. That might be taking some time out during your working day, getting out and about in Camden's green spaces, checking in with loved ones or taking some time away from your phone or computer screen.

For more information on available support and tips to look after your wellbeing, including specific resources for young people and in other languages, visit camden.gov.uk/mental-health

Finance and debt support

If you're struggling to pay your rent or bills, or worried about debt, call Camden Council on 020 7974 4444 (option 9) or visit camden.gov.uk/financial-support-for-residents



Housing support

If you're worried about paying rent or service charges, or need support on any other housing issue, call Camden Council on 020 7974 4444 (option 9) or visit camden.gov.uk/housing-and-hostels



Domestic abuse and violence support

Please get in touch with Camden Safety Net – phone 020 7974 2526 (Monday to Friday, from 9am to 5pm), email camdensafetynet@camden.gov.uk or visit camden.gov.uk/domestic-violence In an emergency, call 999.



If you're not sure who to speak to, call Camden Council on 020 7974 4444 (option 9) who can provide help and advice, or visit camden.gov.uk/coronavirus