Primrose Hill Primary School Weekly Newsletter

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Friday 5th Nov Issue No. 08 (2021-2022)





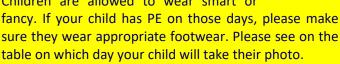


Week 1 of autumn 2 has begun at a pace! So much has happened this week! Starting with parent consultations, e-safety workshops and having activities galore through the week. Our e-safety workshop focused on how the children can both keep themselves safe and act responsibly on the internet. From Froglets to Year 6 we saw activities on how to do this. It is so important to build this into our 21st century learners who see such technology as the norm. We also had a Giant looking for Jack in the upstairs staffroom, investigated by Year 3. Year 2 have been studying the Gunpowder plot and our first virtual tour of the half term had too many people to zoom in! I always do these tours in real time. For me it is vital that the school is shown as it would be on any normal day. We are rightly proud of the things we provide here at Primrose Hill and have nothing to hide! In fact, quite the opposite — as I walked around this week, as usual, we had children engaged, keen to show me what they were doing and how much they had achieved. So much completed, and still much to do over the coming weeks! **Phil**

INDIVIDUAL/PROFILE SCHOOL PHOTOS

MONDAY 8TH & TUESDAY 9TH NOVEMBER

School Photographers are coming in to take individual profile photos next week Monday 8th & Tuesday 9th November. Children are allowed to wear smart or



Monday 8th November		Tuesday 9th November	
Library	Community Room	Library	Community Room
Blackbirds (Y5)	Woodpeckers (Y5)	Foxes (Y4)	Hedgehogs (Y4)
Squirrels (Y3)	Bats (Y3)	Tadpoles AM & Froglets-group of 10	Froglets
Butterflies (Y1)	Dragonflies (Y1)	Herons (Y6)	Kestrels (Y6)
Ladybirds	Ladybirds	Tadpoles PM	Beetles (Y2)
		Grasshoppers (Y2)	

ATTENDANCE

Welcome back everyone! We hope you had a restful break.

Attendance this week across the whole week was MUCH

better! Congratulations to Tadpoles, Butterflies and Kestrels on getting 100% attendance! The figure for this week is 96.69% which is incredible – well done every one, let's try to keep up the good work.



As mentioned in previous

newsletters, we will be sending out some attendance letters to some parents for the last half term. This letter is just to highlight your child's attendance and we know that children have medical exceptions that can cause low attendance but we, as a school, have a legal duty to tell parents when their child's attendance falls below 90%. If you have any questions about this, please make an appointment to speak to Lyra and Amanda via attendance@primrosehill.camden.sch.uk.

CHRISTMAS LUNCH—Christmas lunch is coming back! On 10th December! Lyra has sent out an email to parents about booking a lunch so please look out for this.

Please note – only complete the form attached on email IF your child usually brings a packed lunch.

If your child takes up a school lunch, then it will be automatically added on the day. Any questions, please speak to the office.



VRU PARENT PROJECT **Present**

Introduction to supporting young people's mental health.

- Thinking about how parents can support good mental health in adolescents.
- Indictors that your child may be struggling and how to distinguish this from the normal ups and downs of adolescence.
- Supporting a young person who is finding life a challenge – being there for them.
- Where to look for help.

The aim is to allow for lots of questions and for feedback to be used to develop a second training on 16/11/21.

Facilitated by Dr Julia Jenkinson is a Clinical Psychologist currently working in Islington's Young People Services with over 24 years' experience of working with children and young people.

VRU Team is inviting you to a scheduled Zoom meeting.

Session 1 Nov 9, 2021 06:00PM

Topic: Introduction to supporting young people's mental health Part 1

Join Zoom Meeting

https://us02web.zoom.us/ <u>i/89463053973?</u> pwd=SUYzMEkyU1kweHl0OW8 vOEZidkwvZz09

Meeting ID: 894 6305 3973 Passcode: 0911

Session 2 Nov 16, 2021 06:00PM

Topic: Introduction to supporting young people's mental health Part 2

Join Zoom Meeting

https://us02web.zoom.us/

j/82198720502?

pwd=ZTJOUnZLRmcweGRMTW NoVU1TTEp4QT09

Meeting ID: 821 9872 0502

Passcode: 1611

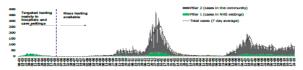
For more information or to register for your place, please contact VRUREFERRALS@islington.gov.uk

Camden

COVID-19 in Camden Last week (18 October - 24 October)

New cases per day average 84

Number of daily cases in Camden, 08 March 2020 to 24 October 2021



tant to note that as mass testing wasn't available until 28th May 2020, many cases early on will d. Therefore, current number of cases cannot be compared to the start of the pandemic. Camden has had a total of 25.797 confirmed cases.

Weekly incidence rate = 190 per 100,000

This is lower than London's rate at 259 per 100,000 and is the $7^{\rm th}$ lowest amongst the 32 London boroughs. This is similar to last week (189) and is rated dark red.

3.8% of tests are positive

For every 1,000 tests taken 38 on average are coming back positive. A weekly percentage of 3.8% is rated amber.

These indicators are RAG (red-amber-green) rated to indicate whether they are good or bad.

Green Amber Red







London's R number = Not available



COLLEGE

Regional estimates of R and growth rate have been suspended until a full understanding is gained of the impact of the reported incident of incorrer negative PCR test results on estimates in the South West, South East and London.

More information on COVID-19 in Camden is available on the <u>council website</u> This infographic has been created by Camden and Islington's Public Health Intellig Team, contact PHASS@Islington.gov.uk for more information

Are you interested in pursuing a career working in Adult Care, **Nurseries or Schools?**

We have a great range of courses to start or consolidate your career, from Level 1 up to Levels 2 & 3 in the following subject areas: Preparing to Work in Adult Social Care, Supporting teaching and learning, and Childcare.

Childcare courses - for those interested in working in the Early Years (0-5) sector.

Supporting Teaching and Learning courses are for people who would like to work in schools with (5-18)

Adult Social care courses will prepare you to work in an Adult Care setting - both residential and domiciliary

New courses start in January 2022 (week beginning January 10th)

Level 2 Certificate in Preparing to work in Adult Social Care

Level 1 Certificate in Caring for Children

Level 2 Diploma for the Early Years Practitioner

Level 2 Certificate in Supporting Teaching and Learning Please check our website for further information -

www.wmcollege.ac.uk or email vocational@wmcollege.ac.uk

Primrose Hill Primary School



Term Dates 2021 - 2022

Autumn Term 2021

Monday 6th September to Friday 22 October 2021 (35 days)

Half-term: Monday 25 October to Friday 29 October 2021

Monday 1st November - Friday 17 December 2021 (35 days) Christmas break: Mon 20 December 2021 to Monday 03 January 2022

Spring Term 2022

Wednesday 05 January to Friday 11 February 2022

Half-term: Monday 14 February to Friday 18 February 2022

Monday 21 February to Friday 01 April 2022 (30 days)

Easter/Spring holiday: Monday 4 April to Monday 18 April 2022. (Including Good Friday, 15 April, and Easter Monday, 18 April)

Summer Term 2022

Wednesday 20 April to Friday 27 May 2022

Half-term: Monday 30 May to Friday 3 June 2022

Monday 6th June to Friday 22 July 2022 (35 days)

INSET DAYS

Wednesday I*, Thursday 2nd & Friday 3rd September 2021

Tuesday 4th January 2022

Tuesday 19th April 2022



Star Learners!















Froglets - Kit & Defne

Ladybirds – Afon & Elissha



💢 Hedgehogs – Aliza & Ryan







Foxes - Bonnie & Leo Blackbirds - Erika and Eva





Butterflies - Emma & Evie Grasshoppers – Amelia & Henry









Herons - Maya L & Wyatt

Kestrels - Kai & Max









Year 2...

Plot!









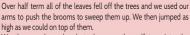
Year 2 did some persuasive They were so persuasive he said YES! writing to Phil all about them In fact he was so impressed he gave wanting a party to celebrate

Bonfire Night as part of their study of The Gunpowder

both classes a....



This week in Froglets we have been having so much fun developing our gross and fine motor skills outside.



We then used our hands to hammer the golf tees into the pumpkins - it's definitely harder than it looks! Well done Froglets!









On Wednesday morning Year 3 made a strange discovery. Someone had been to visit us in night and left some belongings behind. We became detectives and tried to find who had come and why they were here. We wrote letters to Phil to tell him what we had discovered.





Year 6... have started their new WW2 History topic. They started off by looking at a story called Rose Blanche. Instead of just reading it, they had to look at the images from the book and infer what was happening.





Coronavirus: Update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus includes information in different languages
- · Check the news pages at news.camden.gov.uk
- Follow Twitter @CamdenCouncil, Facebook facebook.com/LBCamden and Instagram @WeMakeCamden
- Speak to someone at the Council on 020 7974 4444 (option 9).



SIGN UP to the Council's coronavirus enewsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates

Where to get the COVID-19 vaccine in Camden

If you're due your first or second dose of the CCVID-19 vaccine, there are a number of ways you can get it. If you're 16+, turn up to a local walk-in vaccination centre or Camden's CCVID-19 vaccine bus. Find out more at camden.gov.uk/getting-the-vaccine. If you're 18+, you can also book a vaccine appointment – call 119 for free or visit nhs.uk/coronavirusvaccine

Please keep wearing a face covering, unless you're exempt, to keep those around you safe

Coronavirus cases remain high across Camden and London. Please keep wearing a face covering over your nose and mouth in indoor and busy outdoor public spaces – including communal lifts, public transport and shops. Doing this will help to keep people safe, including those that can't get the vaccine, because it will prevent infectious particles from coughs, sneezes, breathing and speaking reaching others.



Book an appointment for your flu vaccination

Flu season is coming, and while the flu vaccine won't protect you from coronavirus, having COVID-19 and the flu at the same time can make you seriously ill – particularly if you have underlying health conditions. A flu vaccination is the best way to protect yourself, your family and your community against flu this winter. It's free for:

- People aged 50+
- Pregnant women
- All frontline health and social care workers



- People with a long-term and/or underlying health condition/s
- People who are the primary carer for an older person or someone with an underlying health condition

Please do not put off getting your flu jab. Speak to your GP, pharmacist or midwife to book your appointment. For more information visit nhs.uk/flujab



Even though many of us are returning to some form of 'normal', there are still a lot of challenges. Whether you're struggling with the return to work, with the impact of the end of furlough or the national Universal Credit cut, or getting used to more people out and about, I want to remind you that there is lots of support available in Camden. No matter what you are going

through, I urge anyone who needs help, or knows someone who does, to reach out. Please know you are not alone. You can find some useful resources and tips on this page.

As we enter the autumn months, taking care of ourselves and those around us is particularly important. For those who are eligible, getting a flu vaccine will help protect you from getting seriously ill from flu. Vaccines are the best way to protect yourself, friends and family from the spread of dangerous viruses. You can find out more, including how to book your flu vaccine, below.

The past 20 months have shown what amazing community strength there is in Carnden. Let's continue to look out for each other as we navigate the next phase of this pandemic.

Councillor Georgia Gould, Leader of Camden Council

Need some help? Support available in Camden

It's a difficult time for lots of people, so if you're struggling, support is available on a range of issues:

Mental health advice and support



Many people are feeling overwhelmed and arxious at the moment. If you are worried about your mental health or need some extra support, there is a range of help available. You can speak to your GP, visit icope.nhs.uk or phone iCope on 020 3317 6670. If you're experiencing a mental health crisis, please phone the 24-hour crisis line at St Pancras Hospital on 020 3317 6333.

As well as accessing support when you need some extra help, there are small ways we can look after our wellbeing day-to-day too. That might be taking some time out during your working day, getting out and about in Camden's green spaces, checking in with loved ones or taking some time away from your phone or computer screen.

For more information on available support and tips to look after your wellbeing, including specific resources for young people and in other languages, visit camden.gov.uk/mental-health

Finance and debt support



If you're struggling to pay your rent or bills, or worried about debt, call Camden Council on 020 7974 4444 (option 9) or visit camden.gov.uk/financial-support-for-residents

Housing support



If you're worried about paying rent or service charges, or need support on any other housing issue, call Camden Council on 020 7974 4444 (option 9) or visit camden.gov.uk/housing-and-hostels



Domestic abuse and violence support
Please get in touch with Camden Safety Net – phone
020 7974 2526 (Monday to Friday, from 9am to 5pm),
email camdensafetynet@camden.gov.uk or visit
camden.gov.uk/domestic-violence
In an emergency, call 999.

If you're not sure who to speak to, call Camden Council on 020 7974 4444 (option 9) who can provide help and advice, or visit camden.gov.uk/coronavirus

