

Primrose Hill Primary School Weekly Newsletter

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Friday 25th Feb 22
Issue No. 21
(2021-2022)



It seems only yesterday I was writing the email welcoming everyone back for the start of a new Spring Term and this is the last one I will write in February! January may have been a long month, but February has flown by!

We ended last term with a flurry of events for Children's Mental Health Week; healthy tuck shop, Wellbeing postbox, looking at texts like The Colour Monster to explore feelings and difference, to name but three. This half term has started at pace too. Y1 and Ladybirds visited the zoo to find out all about how vets work with their animals. The link we have with the zoo is truly amazing and proving its worth on an almost weekly basis.

On a wider community front I'm aware we are approaching spring with a renewed sense of what is possible in terms of allowing events in school. Our first one is going to be allowing Y1 parents/carers to come in and see the STEAM exhibition next Friday., which is an excellent opportunity to showcase the children's work. We have World Book Day approaching with a catwalk outside 'weather permitting' and a real sense of excitement about Science Week next week too. Years 4 and 5 are visiting the Science museum and The Crick Institute respectively. All of this is the start of us reopening and reconnecting. It is extremely exciting and will only gain pace as the term progresses. **Phil**

COVID GUIDANCE CHANGES

You will know from the news that government guidance has changed from yesterday. This is what the new guidance says:

Removal of the legal requirement to self-isolate following a positive test. Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people. After 5 days, they may choose to take a Lateral Flow Device (LFD) followed by another the next day - if both are negative, and they do not have a temperature, they can safely return to their normal routine. Those who test positive should avoid contact with anyone in an at risk group, including if they live in the same household.

This means the following:

If children show any symptoms whilst they are in school we will still be sending them home.

Anyone with symptoms should take a PCR test, stay at home and follow government guidance if positive

People who have tested positive will continue to be advised to stay at home for five full days and then receive two negative test results on consecutive days before returning to their workplace or setting

Anyone with one or more symptoms of coronavirus - a high temperature, a new continuous cough; or a loss or change in sense of smell or taste - should self-isolate and book a test or call 119. This will be subject to change as the term goes on and we will update you over the coming weeks about any adaptations to this.

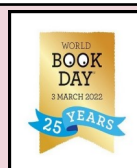
CAMDEN MARKET

I have been fortunate enough to meet with Labtech, the company that owns the Camden Market basin, twice over the past week. They are a company which have actively approached us about how they might work with us as part of their community outreach. In addition, they are opening up a consultation about the redevelopment of 'Dead Dog Basin' and the West side of the market (near the lock bridge). As a key school in the community we have been approached to work with them on how it should be redeveloped, in order to enable the local community to get the maximum usage out of the development (which will include an observation wheel with panoramic views of London). When the consultation is opened we will host an event at the school to enable our community to contribute with ideas on the development.

WORLD BOOK DAY

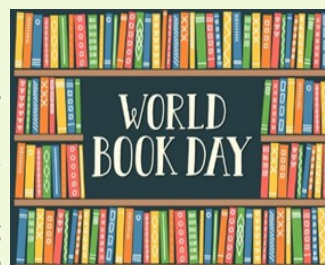
Primrose Hill are excited to be celebrating 25 years of World Book Day on Thursday 3rd March 2022. **This year we will have a Costume Parade in the playground – dress to impress!**

Children will be able to show off their dazzling outfits and prizes and will be awarded for the most inventive costume-making at home. Get creative, reuse and reinvent where you can! The children should choose a character from a book they have read. Please click this [link](#) for further information!



WORLD BOOK DAY COMES TO CAMDEN!

LabTech, the owner of the iconic family of Camden Markets, is running a fantastic World Book Day event this year and they want to invite us to take part. World Book Day, which falls on **Thursday 3rd March**, is a big event on most family calendars; costumes are made, pictures shared on social media and favourite stories celebrated. This year is set to be bigger as 2022 marks its 25th anniversary, with the theme being 'you are a reader'.



From Thursday 3d March – Sunday 6th March, we have some amazing celebrations taking place, including readings of beloved children's books by celebrated British authors on the Camden lock barge, delicious themed food on offer re-creating some iconic dishes from our most loved books and many more exciting activities such as face painters, bubbleologists and caricaturists.

As a local school / community group, we would love to offer parents, teachers and of course the students an exclusive offer to come on site after school on either Thursday 3rd March or Friday 4th March to get a "sneak peek" and a taste of what is to come over the weekend. Giving you a first look at all the exciting offerings that are taking place in the local community and around the iconic Camden's Markets (Camden Market, Camden Market Hawley Wharf and Camden Market Buck Street) for World Book Day 2022. There will be fun and exciting ways to encourage children to read and learn.

The events will run on these days between 3.30pm – 5.00pm, we'd even love to host you on site to enjoy a free barge reading (there are 40 spaces on a first-come first-served basis) and a preview of some of the incredible food on offer. Hope to see you all there.

FREE SCHOOL MEALS AND APPLYING

For students in primary school your child may be eligible for Free school meals if you or your child receives one of the following:

- Income Support
- Income-based Job Seeker's Allowance
- Income-related Employment and Support Allowance
- Universal Credit – your household income must be less than 7,400 a year (after tax and not including benefits)
- Child Tax Credit with a taxable income of no more than £16,190 and not in receipt of Working Tax Credit
- The Guaranteed Element of State Pension Credit
- Support from the National Asylum Service (NASS)
- If you receive Working Tax Credit you will not be entitled to free school meals unless you have:
- Stopped work in the last 4 weeks; or
- Reduced your hours to less than 16 hours in the last 4 weeks

To apply for free school meals please contact Camden on 0207 7974 5771 (Tuesday Wednesday and Thursday between (9.00am – 3.00pm). Or apply online: <https://accountforms.camden.gov.uk/freeschoolmeals/>

If your child previously attended another school within Camden and has transferred to our school, you should contact Camden and give details, so they can inform us. If your child previously attended a school outside Camden, you need to contact Camden to apply for free school meals. Once you have applied for free school meals and your application is approved Camden will contact us and your entitlement will be recorded on our system. Once this process has been completed your child will then be provided with a free school meal. This will enable your child to receive a meal at lunch time only, this includes:

- A main hot meal of their course, A dessert or Drink.

If you require any further information, please contact Camden directly on 0207 7974 5771 (Tuesday Wednesday and Thursday between 9.00am – 3.00pm

WHAT'S FOR LUNCH THIS SPRING/SUMMER?

Caterlink is an award-winning food service provider catering for primary schools across the country. We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed the School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

caterlink
Leading the regeneration

KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site <https://caterlinktd.co.uk/mycaterlink> to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site: <https://caterlinktd.co.uk/jobs-careers/> or email hrsupport@caterlinktd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child, this can be downloaded from our web site <https://caterlinktd.co.uk/food-allergy-intolerance/>. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.

| CAMDEN SPRING/SUMMER 2022 MENU caterlink Leading the regeneration | | | | | |
|---|---|--|--|---|--|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| WEEK ONE 21 Feb 14 Mar 18 Apr 9 May 6 Jun 27 Jun 18 Jul 12 Sep 3 Oct 24 Oct | Option 1 Tomato, Lentil & Vegetable Pasta | BBQ Turkey Burger with 50/50 Rice | Herb Roasted Chicken, Roast Potatoes or Boiled Potatoes & Gravy | Savoury Mince Beef & Dumplings | Breaded Fish with Chips or Steamed Potatoes & Tomato Sauce |
| | Option 2 Vegetable & Bean Pasta Bake | BBQ Quorn Fillet with Rice | Vegetable/Lentil Wellington with Roast Potatoes or Boiled Potatoes & Gravy | Sweet & Sour Butterbean with Egg Noodles | Cheese & Red Pepper Frittata with Chips or Steamed Potatoes & Tomato Sauce |
| | Vegetables Sweetcorn Roasted Courgette | Rainbow Colelaw Roasted Sweet Potato Cubes | Red Cabbage Broccoli | Green Beans Roasted Carrots | Peas Baked Beans |
| | Dessert Yoghurt / Fresh Fruit | Peach Upside Down Cake with Custard Yoghurt / Fresh Fruit | Yoghurt / Fresh Fruit | Pineapple Loaf with Custard Yoghurt / Fresh Fruit | Yoghurt / Fresh Fruit |
| WEEK TWO 28 Feb 21 Mar 25 Apr 16 May 13 Jun 4 Jul 25 Jul 19 Sep 10 Oct | Option 1 Chicken Tagine with 50/50 Rice | Spaghetti Bolognese | Roast Chicken, Roast Potatoes/Boiled Potatoes, Stuffing & Gravy | Turkey and Chickpea Curry with 50/50 Rice | Fish in Batter with Chips/Rice & Tomato Sauce |
| | Option 2 Vegetable & Chickpea Tagine with 50/50 Rice | Vegan Spaghetti Bolognese | Cheese & Tomato Pin Wheel Potatoes/Boiled Potatoes, Stuffing & Gravy | Roasted Cauliflower & Chickpea Curry with 50/50 Rice | Bean and Lentil Burgers (No Bun) with Chips/Rice & Tomato Sauce |
| | Vegetables Sweetcorn Cauliflower | Green Beans Red Cabbage | Carrots Peas | Broccoli White Cabbage | Mushy Peas Baked Beans |
| | Dessert Yoghurt / Fresh Fruit | Pear & Raisin Upside Down Cake with Custard Yoghurt / Fresh Fruit | Yoghurt / Fresh Fruit | Chocolate & Apple Sponge with Custard Yoghurt / Fresh Fruit | Yoghurt / Fresh Fruit |
| WEEK THREE 7 Mar 28 Mar 2 May 23 May 20 Jun 11 Jul 5 Sep 26 Sep 17 Oct | Option 1 Chicken & Red Pepper Pizza | Beef & Bean Fajitas with 50/50 Rice | Cajun Spiced Chicken, Roast Potatoes/Boiled Potatoes & Gravy | Chicken Sausage Hot Dog with Potato Wedges | Fish Fingers or Salmon Fish Fingers with Chips/Couscous & Tomato |
| | Option 2 Cheese & Tomato Pizza | Vegetable & Bean Enchiladas with Rice | Lentil & Basil Puff Pastry, Roast Potatoes/Boiled Potatoes & Gravy | Vegan Plant Based Sausage Hot Dog with Potato Wedges | Quorn Vegen Fishless Fingers with Chips/Couscous & Tomato Sauce |
| | Vegetables Green Beans Red Cabbage | Sweetcorn Roasted Courgette | Carrot Broccoli | Green Cabbage Baked Tomatoes | Peas Baked Beans |
| | Dessert Yoghurt / Fresh Fruit | Melon, Cheese & Biscuits Yoghurt / Fresh Fruit | Yoghurt / Fresh Fruit | Strawberry & Pear Cobbler with Custard Yoghurt / Fresh Fruit | Yoghurt / Fresh Fruit |
| <div style="display: flex; justify-content: space-between; align-items: center;"> <div> <p> Added Plant Power</p> <p> Vegan</p> <p> Wholemeal</p> <p> Oily Fish</p> </div> <div> <p>Available Daily</p> <p>• Freshly cooked jacket potatoes with a choice of fillings (where advertised)</p> <p>• Bread freshly baked on site daily</p> <p>• Daily salad selection</p> </div> </div> | | | | | |

Primrose Hill Primary School



Term Dates 2021 - 2022

Autumn Term 2021

Monday 6th September to Friday 22 October 2021 (35 days)

Half-term: Monday 25 October to Friday 29 October 2021

Monday 1st November – Friday 17 December 2021 (35 days)

Christmas break: Mon 20 December 2021 to Monday 03 January 2022

Spring Term 2022

Wednesday 05 January to Friday 11 February 2022 (28 days)

(New Year's Day – Saturday 01 January 2022 (Monday 03 substitute day))

Half-term: Monday 14 February to Friday 18 February 2022

Monday 21 February to Friday 01 April 2022 (30 days)

Easter/Spring holiday: Monday 4 April to Monday 18 April 2022.

(Including Good Friday, 15 April, and Easter Monday, 18 April)

Summer Term 2022

Wednesday 20 April to Friday 27 May 2022 (27 days)

Early May Bank Holiday: Monday 2 May 2022

Half-term: Monday 30 May to Friday 3 June 2022

(Including Spring Bank Holiday 2 June, Jubilee Bank Holiday 3 June)

Monday 6th June to Friday 22 July 2022 (35 days)

INSET DAYS

Wednesday 1st, Thursday 2nd & Friday 3rd September 2021

Tuesday 4th January 2022

Tuesday 19th April 2022

Primrose Hill Primary School



Term Dates 2022 – 2023

Autumn Term 2022

Monday 05 September to Friday 21 October 2022 (35 days)

Half-term: Monday 24 October to Friday 28 October 2022

Monday 31 October – Friday 16 December 2022 (35 days)

Christmas break: Monday 19 December 2022 to Monday 2 January 2023.

Spring Term 2023

Wednesday 04 January to Friday 10 February 2023 (28 days)

Half-term: Monday 13 February to Friday 17 February 2023

Monday 20 February to Friday 31 March 2023 (30 days)

Easter/Spring holiday: Monday 3 April to Friday 14 April 2023.

(Including Good Friday, 7 April, and Easter Monday, 10 April).

Summer Term 2023

Tuesday 18 April to Friday 26 May 2023 (29 days)

Early May Bank Holiday: Monday 1 May 2023

Half-term: Monday 29 May to Friday 2 June 2023

(Including Spring Bank Holiday 29 May)

Tuesday 06th June to Friday 21 July 2023 (34 days)

INSET DAYS

Thursday 1st & Friday 2nd September 2022

Tuesday 3rd January 2023

Monday 17th April 2023

Monday 5th June 2023

Star Learners!

Tadpoles – Hannah & Jack

Froglets – Honor and Abeera

Ladybirds – Abbas & Adam C

Dragonflies – ALL

Butterflies – Liza & Magnus

Grasshoppers – Valentino & Safaa

Beetles – Lylah & Aiyana

Bats – David & Louise

Squirrels – Alice & Noga

Hedgehogs – Filanza & Jordan

Foxes – Leonel & Eti-Eno

Blackbirds – Nathan and Riyan

Woodpeckers – Maria & Adam

Herons – Sibelle & Kayden

Kestrels – Kai & Lenny

EYFS...



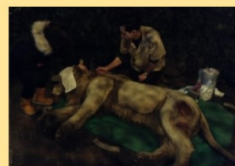
On Tuesday morning the froglets watched footage from the nursery CCTV camera. On Monday night some animals which had escaped from the zoo, appeared in the Froglets Playground. We have been having a fabulous time this week exploring the lives of wild animals.



Year 1 & 2...

Year 1

Year 1 visited London Zoo and became zoo vets for the day! We learnt how to examine animals to make sure they are healthy. We even helped to care for a wounded lion!



Year 4...

This week, Year 4 watched a very gory presentation about the digestive system! Lucy recreated the process by using some bread, bananas, bowls, stockings, vinegar and water! We are now going to try writing an explanation text about the process!



Year 5 & 6...

Throughout the Spring term, Y5 have been studying Windrush in History. This week, we combined History and Art to make sculptures. We explored how the Windrush Generation impacted cultures in London and Camden, looking specifically at Art and Music. After studying the work of Julien Creuzet, a black Caribbean artist (whose work is currently being exhibited at Camden Arts Centre!), we made our own sculptures, celebrating colour and a mix of different medias.

