

# Primrose Hill Primary School Weekly Newsletter

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Fri 21st April  
Issue No. 27  
(2022-2023)

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Dear Primrose Hill Families,

Happy Summer Term!

Welcome back after the Easter break and I hope you enjoyed spending time with your wonderful children. On Monday all the staff were given the opportunity to be inspired by Neil Hawkes – Values based Education. <https://youtu.be/JK59OcZv8H4>

## My message of Hope... written by Neil Hawkes

Over the last twenty-five years, the pioneers of Values-based Education (VbE) have been sharing with me the positive changes they witness in the thinking, behaviour and attitudes of children who are learning in values-based schools.

These personal qualities of character have always been needed by society, but **never** in my lifetime as much as now.

**I am therefore calling for a national and international endorsement and promotion of the qualities that we all should expect in our leaders and each other. I believe the development of such qualities in education and public life will give us hope for the sustained wellbeing of each other and our planet.**

May I invite you to this short talk I gave for Indian Independence Day <https://youtu.be/Mj0WFCw0T38>

I therefore recommend that thinking and behaviour, which reflects Values-based Living, underpins society.

What follows is a rationale for Values-based Living, which I propose for your active endorsement.

## Values-based Education: the foundation of Values-based Living

Values-based Education (VbE) enables students and adults to have a deep experience and understanding of positive human values, which are expressed in words such as courage, respect, hope, love, friendship, honesty and trust. Regular opportunities are given for children to consolidate their learning through silent reflection and by thinking about, practising and modelling living the values. Children learn the importance of making choices in their lives based on values that will enhance their wellbeing and that of others.

As the children are exposed to positive values they gradually gain access to an ethical vocabulary, which nurtures **ethical intelligence** - their ability to ethically self-regulate their thinking and behaviour - their own personal moral compass.

As students deepen their awareness of individual values, they appreciate how values are interconnected. Each value helps children to develop values competences, which are expressed in the highest forms of personal and social behaviour. These competencies of character, which we can call super values, include being: altruistic, harmonious, peaceful, communicatively competent, accountable, relationally trustworthy, resilient, authentic, self-led, moral, educated, at ease with complexity, courteous, egoless, culturally sensitive, truthful, disciplined, ethically intelligent, wise and with a sense of justice.

Through this process of expressing a new universal narrative, children will nourish their inner world of thoughts and feelings, resulting in a values-led form of human consciousness that is nurtured in families, schools and throughout society. This form of heightened awareness is called values-based living, which will profoundly enhance the wellbeing of humanity and the sustainability of the world.

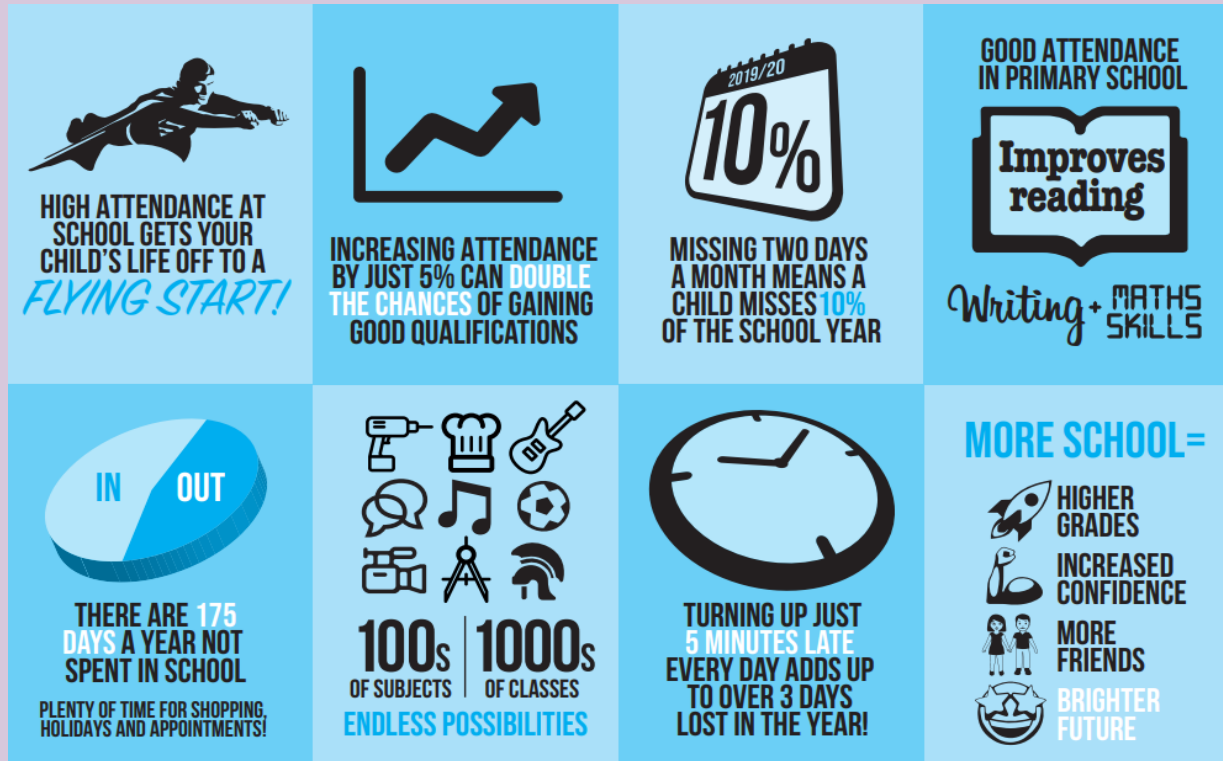
I felt blessed to have explored values in action with Neil and he left us excited, inspired and can't wait to see how we approach values-based education. Our values lead is Hatty (Year 1 Dragonflies).

## A is for attendance

**Our whole school target is 96%**

This week's whole school attendance is 93.72%.

WELL DONE to **Hérons Class** who managed **93.72%** this week. We have had **46 lates**. One of the most important ways in which you can support us and your children is to ensure that your children attend school every day. Each day missed can really have a negative impact.



To all our pupils, staff, friends, and their families celebrating Eid! It has been a long month of Ramadan, with lots of sacrifice, but today the Primrose Hill family wishes Muslims worldwide a very **Happy Eid al-Fitr 2023**. Everyone is celebrating with food, presents and parties at home with their families, and next week we will celebrate all together with a **Friday 28<sup>th</sup> April: 3:30 -5:00 pm Eid celebration**.

If you would like to support, please come to the parents meeting on 25/4/23 9:00am in the community room.

Please join the SEND Staff Team every Monday at 9am in the Community Room for a coffee morning where you can meet other parents and carers and discuss any concerns or raise any issues. Everyone is Welcome!



## Value of the month is **POSITIVITY**.

A value is a principle that guides our thinking and our behaviour.

Positivity means thinking in an optimistic way, looking for solutions, expecting good results and success, and focusing and making life happier. It is a happy and worry-free state of mind, which looks at the bright side of life.

Positivity means a positive frame of mind.

With this frame of mind, you do not take things too personally.

- ◇ You enjoy the present moment.
- ◇ You do not worry about the future.
- ◇ You focus on doing and achieving, not on thinking about the past and about difficulties.

It means a state of being a happy, tolerant and good-natured.



## Positivity and Your Emotions

The emotions associated with positivity are joy, love and inspiration. A person possessing this state of mind chooses constructive and good feelings and emotions, and tries to avoid the negative and unhappy feelings.

This might not be easy at first, but with a little training, it becomes possible.

## Positivity and Your Thoughts



The thoughts associated with positivity are thoughts of courage, self-esteem and certainty, and thoughts of success, courage and self-esteem.

The mind of such a person chooses to think in terms of

“I can”, “It is possible”, “I am doing my best to improve myself and my life”.

## More about *Positivity* and a *Positive* Frame of Mind

Being positive does not mean ignoring difficulties and bad experiences. It means acknowledging them, learning from them, doing better, and using the knowledge gained to improve. With this state of mind, though you might experience negative emotions and go through unpleasant experiences, you will not lose your spirit or give up.



Wishing you all a very ‘positive’ month!





## Summer Fair Saturday 8th July 2023

More information to come.  
Watch this space!



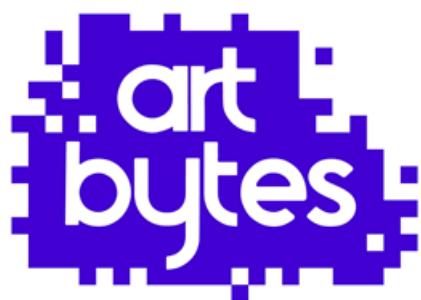
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### Can we have your vote please?



We recently entered some of year 5's artwork into the Art Bytes competition.

Their judges have very much enjoyed seeing the young artist's creations from all over the country and have had the difficult decision of choosing the top three from each school.

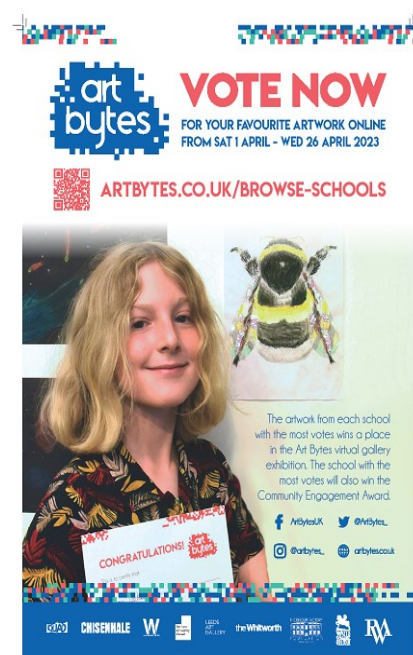
To find out which art works have been shortlisted, visit our school's portfolio page.

The vote is now open from **Saturday 1st April to Wednesday 26th April** and we would love as many of our families and friends to take a look and vote for their favourite piece of **Primrose Hill Primary School** artwork, last year we were top school in London with the most votes.

You can vote here <https://artbytes.co.uk/browse-schools/>  
Just click on 'P' for Primrose Hill and register your vote.  
The QR code on the poster allows you to go directly to the browse schools page (see link at top of poster). By holding the camera on your smartphone to the QR code, we are hoping this will make it easier for your pupils and school community to vote!

**Good luck year 5**

Maria Felstead  
Art and Design lead





# HomeTalk

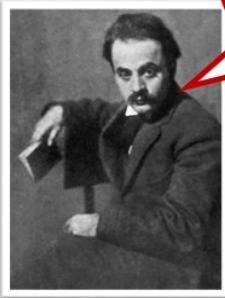
thoughtful conversations for families and schools

Let's talk about...

## Love



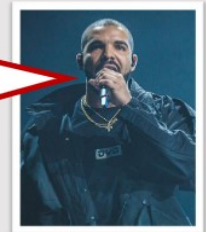
### Quotes about love



Khalil Gibran  
writer

Life without love is  
like a tree without  
blossoms or fruit.

Live without  
pretending, love  
without  
depending.



Drake  
rapper

The minute you learn to  
love yourself you won't  
want to be anyone else.



Rihanna  
singer

DIALOGUE  
WORKS

### Caring thinking

How can we show someone that  
we love them?

### Collaborative thinking

Does love need to be a two-way  
street?

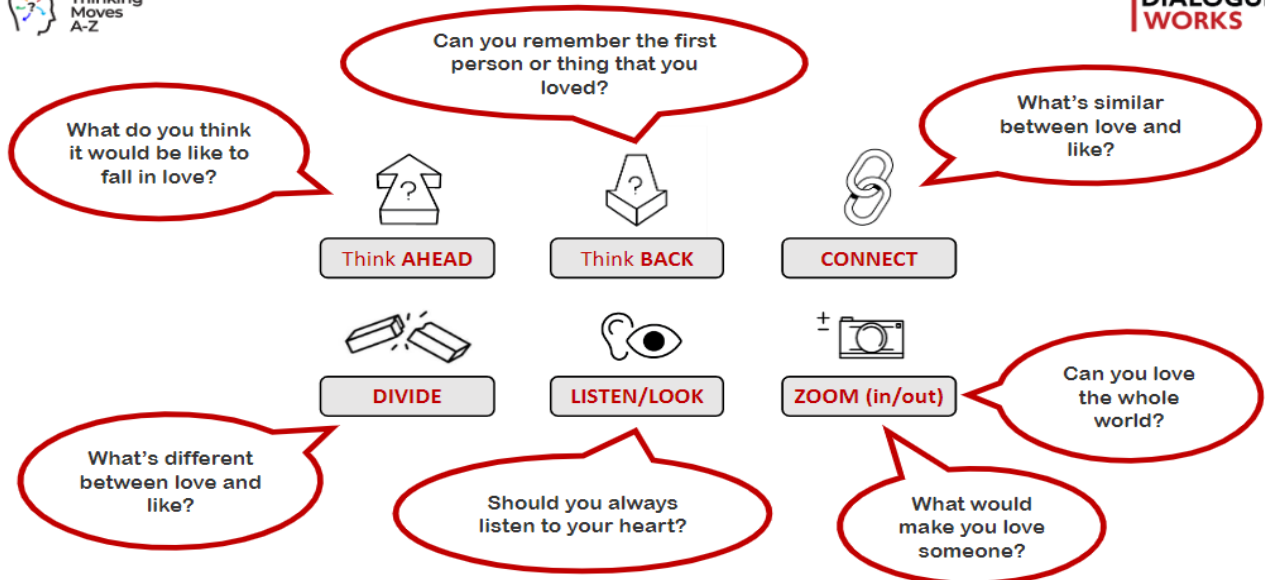
### Creative thinking

How many different types of love  
can you think of?

### Critical thinking

Is it possible to love too much?





To find out more about the Thinking Moves A-Z

## Stimulus



We often use a picture of a heart to show that we love something. Let's think about the things or people that you love.

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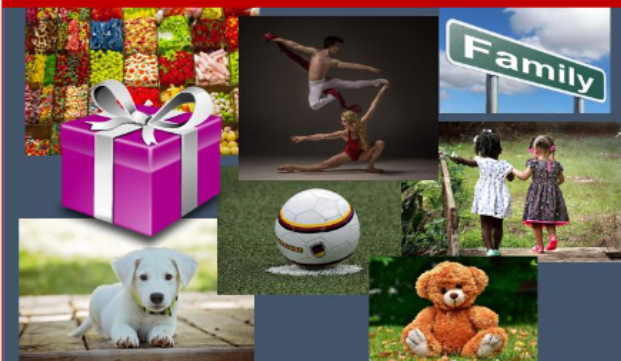
## Talking Points

- Can you think of two people or things that you love?
- What is it about them that you love?
- Why do you think we use a heart picture to say we love something or someone?

## Activity

- Draw a big heart on a blank sheet of paper.
- Inside the heart draw lots of pictures of things that you love. Or, cut out pictures and stick them inside your heart.
- Show your heart to a friend or family member and see what they think about it.

## Stimulus



### What do you love?

We all love different people, things or activities. Let's make a list.

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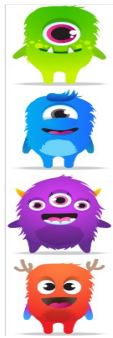
## Talking Points

- Does the picture include some things that you love?
- What else would be on your list?
- Are there some things that you like but don't love?
- What's the difference between loving and liking?

## Activity

- Make a list of five people or things that you love or like.
- Draw a line with **like** at one end and **love** at the other. Then put your list of five people or things in order on the line.
- Share the reasons for your order with a friend.





# You are a star!

**EYFS**



This week ladybirds have been listening to the nursery rhyme Humpty Dumpty. We have been exploring how to protect real eggs from breaking when they fall off the wall! We have also been talking about the values, perseverance and resilience when thinking about things that are scary or difficult to do and how we have overcome them.

## You are a star!

We are so proud of each and every one of you! A big special mention for these children this week. Well done!

**EYFS Star Learners**

The Grove - Everyone for the smooth return plus Fatima, the new teacher!

N: Tadpoles - Maya and Amela

N: Froglets - Waseem and Harry      R: Ladybirds - Junayah and Honor

## You are a star!

We are so proud of each and every one of you! A big special mention for these children this week. Well done!

**Y1 and Y2 Star Learners**

Y1: Dragonflies: Nathan & Kayan

Y1: Butterflies Abbas and Isaure

Y2: Grasshoppers - Eden & Daniil

Y2: Beetles - Leo & Lila

## You are a star!

We are so proud of each and every one of you! A big special mention for these children this week. Well done!

**Y3 and Y4 Star Learners**

Y3: Squirrels - Ursula and Mikko

Y3: Bats Hugo and Elisa

Y4 Hedgehogs:

Y4 Foxes

## You are a star!

We are so proud of each and every one of you! A big special mention for these children this week. Well done!

**Y5 and Y6 Star Learners**

Y5: Blackbirds

Y5: Woodpeckers - Nala & Maahir


Y6 Kestrels - Julia & Nathan

Y6: Herons - Serra & Josie

## You are a star!

**Y3 and Y4**

In Year 3, we went to London Zoo as part of our podcast with Audiomoves. We looked at lots of different animals and thought about the way they moved then we listened to the podcast that we made.



## You are a star!

**Y1 and Y2**

Y2 have been learning about seeds in Science. They looked at some apple seeds and made observational drawings. They then looked at different types of seeds and made their own helicopter seed prototype.

